A Little Light Relief

for Gresham College

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Photomedicine

- Effects of light on the skin
- Uses of light to diagnose medical conditions
- Therapeutic effects of non-laser light
- Uses of lasers



Effects of light on the skin include

[+] Production of vitamin D [rickets]
[+] Tanning [protection against uv]
[-] Ageing of skin
[-] Skin cancer



Fig. 22 Two children with rickets next to a healthy individual.

Unilateral Dermatoheliosis









If you sunbathe

USE SUNSCREENS!

PRINCIPLE OF IMMUNOMETRIC ASSAY





Sample analyte

B SEPARATION

Non-bound fraction removed



C MEASUREMENT

Signal directly proportional to analyte concentration

A schematic of immuno radiometric assay (IRA). The analyte binds to excess immobilised antibody. A second antibody binds to the bound analyte.



Pregnancy can be detected within the first 48 hours of it being established by immunochemical detection of the hormone HUMAN CHORIONIC GONADOTROPHIN



The structure of Green Fluorescent Protein (GFP) and its fluorescent centre



Originally from jellyfish
Gene can be expressed in any organism
Fluorescently label a specific protein

fluorophore protected by the barrel structure







The Immune Synapse



• Facilitates immune surveillance

• rearrangement of proteins at intercellular contact

• Major Histocompatibility Complex (MHC) class I molecules play crucial role in immune recognition and target cell fate



Therapy

Uses of light to treat disease include

 PUVA, psoralen + UVA Psoriasis, vitiligo
 PDT, sensitiser + red light Cancer, bacterial infections
 Jaundice, blue light Newborn babies
 SAD, white light Winter blues
 Laser surgery







Plaque attack: danger for teeth



methicillin-resistant Staph. aureus effect of AIPcS2 concentration



Lasers in medical use

- Infra-red [Carbon dioxide[10600nm] Er:YAG [3000nm];Nd:YAG [1060nm]Soft tissue laser surgery]
- Ultra-violet [excimer lasers XeCl, XeF, ArF etc] Tissue ablation,corrective eye surgery.
- Diode lasers [red, infra-red] Photodynamic Therapy
- Femtosecond lasers [two-photon excitation, micro-laser scalpel]
- Cosmetic. Various lasers, including those above, plus ruby, alexandrite, used for hair removal, teeth whitening, acne, tattoo removal, stretch mark removal, pigmentation removal, treatment for ageing skin.



















PHOTODYNAMIC THERAPY

is the use of a dye sensitiser plus red light to treat cancer

It has other uses, since bacteria and fungi can be destroyed by the same method, and some viruses can be inactivated the same way

PDT treatment advantages

Drug non toxic in absence of light



- Drug non toxic in absence of light
- Drug slightly selective for target cells
- Safe, non-invasive treatment for superficial diseases
- Singlet oxygen generated at rapid rate
- Cells cannot be resistant to singlet oxygen
- Tumour 'suicide'
- Longer term immunity

Kill

Laser light source directed at target tissue









Figure 1: Basal-cell carcinoma located on the skin of nose, 2.5cm diameter, 56 year-old female.



Figure 2: The same patient 6 months later after PDT. A complete response of the tumour.







Current PDT: safe, non-scarring treatment



1 week after



3 weeks after



6 months after

Completely healed

Photochemistry of sensitiser S for PDT

$S + hv \rightarrow {}^{1}S^{*}$	Absorption to give singlet state
$^{1}S^{*} \rightarrow S + h\nu_{F}$	Fluorescence
${}^{1}S^{*} \rightarrow {}^{3}S^{*}$	Cross over to give long-lived triplet state
${}^{3}\mathrm{S}^{*} + \mathrm{O}_{2} \longrightarrow \mathrm{S} + {}^{1}\mathrm{O}_{2}^{*}$	Energy transfer to give singlet oxygen
$^{1}O_{2}^{*} + tissue \rightarrow necrosis$	

Approaches to achieving targeting

Monoclonal Antibodies
 Monoclonal antibody fragments
 Spatial control through two-photon excitation

Proteins, folic acid, nanoparticles

Monoclonal antibody targets and fragments

HER2 is an 185kDa glycoprotein over-expressed in 25-30% of invasive breast tumours, and in many epithelial cancers MFE targets HER2 MFE is a single-chain scFv derived by phage display 10 lysine residues

Monoclonal antibody fragments

C6.5 scFv

 13 lysines, but is engineered to remove lysine 100 in the antibody binding site to eliminate coupling of sensitiser at this site, and thus compromising immuno-reactivity
 Targets CEA+ and HER2



Figure 4.1 Three-dimensional representation of the structure of C6.5(-k)-PPa PIC pointing out the spatial separation of the lysines. The sequence of the scFv was used to obtain the model on Swiss PDB. The lysines are shown in red and the PS depicted in green. PDT Experiment: Drug + laser (average responses 3 mice/group)





Figure 4 *In* else two-photon blood-vessel closure with photosensitizer 1. Mice bearing dorsal window chambers were administered 10 mg kg⁻¹ of 1 diluted from a 10 mM stock in DMS0. A selected artery westargeted with 920-nm light (<3 mW) guided by the striations caused by blood flow visible in the transmission image (see Supplementary Information, Fig. S7). An 83 × 83 × 40 µm volume was imadiated four times (39 mW) as a stack of five planes, 10 µm apart, each plane consisting of 512 × 512 pixels, with a dwell time of 0.8 µs per pixel, a, Pretreatment confocal (×5, 0.25 NA) transmission (left panel, $\lambda_{sc} = 543$ nm), TRIC -destran fluorescence (middle panel, $\lambda_{sc} = 543$ nm, $\lambda_{sc} = 595$ -615 nm) and superimposed (right panel) images (scale bar, 200 µm), b, Images immediately after TPE-PDT with 1 \$cale bar, 200 µm), e, Espanded image of imadiated area \$cale bar, 100 µm), d, Pretreatment stereomicroscope image of the entire dorsal window chamber (scale bar, 1.0 mm), e, Fost-treatment image (scale bar, 200 µm), fig. 30-rendered images of blood flow produced by Doppler QCT imaging pretreatment (f) and post-treatment (g) (scale bar, 400 µm); the images are overlaid on the pretreatment stereomicroscope image. The blood flow in the targeted artery is from left to right. The white boxes indicate the irradiated region.







5Z, 15Z



5E, 15Z



5Z, 15E



5*E*, 15*E*