Personalised Medicine; made for you

Martin Elliott 37th Gresham Professor of Physic



http://www.5280.com/2015/12/take-it-personally/

PERSONALIZED MEDICINE: Tailored Treatments



Effect Effect Effect

http://www.5280.com/2015/12/take-it-personally/

PERSONALIZED MEDICINE: Tailored Treatments



http://www.5280.com/2015/12/take-it-personally/

"the tailoring of medical treatment to the specific characteristics of each patient. it involves the ability to classify individuals into subpopulations that are uniquely or disproportionately susceptible to a particular disease or responsive to a specific treatment"

quoted in Redekop and Mladsi 2013

IMPORTANT POINTS ALONG THE WAY

1953

James Watson and Francis Crick describe the now-familiar double helix structure of DNA, the compound that contains the genetic instructions for building, running and maintaining living organisms

1990

The Human Genome Project (HGP) begins as the National Institutes of Health (NIH), the Department of Energy and international partners come together to sequence all three billion letters in the complete set of DNA in human beings

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Researcher Alfred Sturtevant discovers how to map the locations of fruit fly genes, creating the first gene map **GENES**

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HGP Published



Genotype

codes for



Phenotype

"the collection of noticeable properties of an organism, representing its physiology, biochemistry, morphology at different levels (including cellular) and behaviour"





Genotype

Environment



Phenotype











1 human gene is roughly 27,000 base pairs long around 20,000 protein-coding genes The Human genome has 3 billion base pairs

100 / 4 M-

Each chapter has 48-250 million letters (C,G,T,A), without spaces

ТГАЛАЛТСКССАСАСТВСС ТТАЛАСТТСАТАТСВАЛССА ТАТАСТССАЛАСССА ССАТАТСТВСАЛСССАСАСТАСАСТА

TACAAAATGGGAGAAAATTTT

TETTAGTETTACTAGGETEAAAGGAGACCCCTGTATGCATLAGAGATTAGAGAGATATA AACATTTTACATAGGETTTGAAAAGGEAAGAGAAAAGALTLAAGGALTAAAGTTTA

TGAAACATTTTACTAGGTTTGAAAACCCCAGAGAAAAGACTCAAAATGTAAACTTTA TAGGAATTGTAAAACTTGTATAAAACATACTTTAAAAGAAAATATTGAAAATATTGAAA

AGATE TEAAAAAGCATAAAAATAAAAATAAAAATAE ATTITITAAAE TIAG AAL TAGGAT TGGTTTCTTAGTATAGAGCTCAAAGGAGACCCCCTGTATGCATGAGAGACCTTAGGACA

AAATAGGAATTGTACATAAAGTTGTATAAAACATALTITAAACAAAAAAAAAAAAAAATAT TICACAGGGC AUGAAAAAAGC AAGAGAAAATTTAAATGGATTTCTATATTI

ACATTCCAACTTACAAGGGATGTGAAGGACCTCTTCAAGGAAAATGGCC ACATTCAATGCTCATGGGTAGGGAAGAATCAATATCATGAAAATGGCC CAGTGACTTTCCTCACAGAACTGGGAAAAACTACTTTTAAAGTTCATA CAAAGCTCCACCCATGGAACTGGGAAAAACTACTTTTAAAGTTCAAG

ТСССТАТТТААТААСАССАСТАССТСАСАЛСТВАСТІСАААСТАТАСТВСЯ АСАТССАТАТТТААТАААТССТССАСАААТААТССТССАТАТСТ АСАТССАТАТТАААСАСТТАААТССТСССССАСАААСТСССАТАТСТ ТСАТСТСАТААААСАСССАААТСТТАСАССТААААССАТАААААС

AACACATGAAAAAAATGCTCATCAACAACCAACCCCATCAAAAAGTGGGAAATGCAAATC TAAAAAGTCAGCAAAAATGCTCATCATCACTGGCCATGAGAGAAATGCAAATAGGA AAAAAGTCAGGAAACAACAGGTGCTGGAGAGAGAGAGAAATGCAAAATAGGAACA AAGTCAGTGTGGGAAACAACAGGTGCTGGAGAGGATGTGGGAGAAATACCATTTGAC TCAGTGTGGCGGATTCCTCAGGGATCTAGAACTGGAAATAC

AAATCATCATTCTCAGTAAACTATCGCAAGAACAAAAAAA AGGAAGGGGAATATCACACTATCGCAAGAACTBTTGGGGG GTGGGTGCAGCGCACCAGCATGGCACATGTATACATATC

AAAAATTAAAAATAAAAAAAATTTAAAAAAAGAATTAAAAATAAGATU

ATATTTTACAAAAAATAAAAATTTAAAAAAGAATTAAAAA MAGATCTCAAAAAAATAAAAATAAAAATAAAAATACATTTTTAAAC

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The book has >3.2 billion letters

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There are > 20,000 different recipes (genes), but these make up < 2% of the letters

Each chapter has 48-250 million letters (C,G,T,A), without spaces

The book has >3.2 billion letters

There are > 20,000 different recipes (genes), but these make up < 2% of the letters

The whole book fits into a cell nucleus, < the size of a pinpoint















SNPs; Single Nucleotide Polymorphisms

International HapMap Project



GWAS; Genome-Wide Association Studies

and Error?



for every person they help, the 10 highest-grossing drugs in the USA fail to improve the conditions of between 3 and 24 people



MPRECSON MEDICINE

For every person they do help (blue), the ten highest-grossing drugs in the United States fail to improve the conditions of between 3 and 24 people (red).

1.ABLFY (aripiprazole) Schizophrenia

2. NEXUM (esomeprazole) Heartburn



3. HUVRA(adalimumab) Arthritis

4. CRESIOR (rosuvastatin) High cholesterol



5. CM/BAIA(duloxetine) Depression

6. ADVARDSKUS (fluticasone propionate) 7.ENBREL(etanercept) Psoriasis

Asthma

8. REVCADE(infliximab) Crohn's disease



9. COPAXOVE(glatiramer acetate) Multiple sclerosis



Based on published number needed to treat (NNT) figures. For a full list of references, see Supplementary Information at go.nature.com/4dr78f.

10. NEULASTA (pegfilgrastim) Neutropenia

> from Schork, N **Nature**, 2015

Pharmacogenomics



Pharmacogenomics







Pharmacogenomics
































Personalsed?

Personal sec? Precision?



Persona isec?

Stratified?

Precision?

Precision Medicine

Vanya Loroch, 2017

Precision Medicine • a precise diagnosis • the right drug • at the right dosage • at the right time for the right patient • at the right price

Vanya Loroch, 2017

more detailed comes the need for a new taxonomy

Jacques Bertillon (1851-1922)

Jacques Bertillon (1851-1922)



THE BERTILLON CLASSIFICATION OF CAUSES OF DEATH



by American Public Health Association

Forgotten Books

Jacques Bertillon (1851-1922)



INTERNATIONAL CLASSIFICATION OF DISEASES

TENTH REVISION

ICD-10 is a new code set for reporting medical diagnoses & inpatient procedures.

CODING DIABETES MELLITUS

Structural difference in ICD-10-CM versus ICD-9-CM

ICD-9-CM 1	979-98	ICD-10-CM	1999-now
• 249 Secondary diabet	es mellitus	E08 Diabetes n underlying con E09 Drug or ch diabetes mellit E13 Other spec mellitus	nellitus due to ndition emical induced tus :ified diabetes
250 Diabetes mellitus		E10 Type 1 dial E11 Type 2 dial	betes mellitus betes mellitus
648.0 Diabetes mellit complicating pregnan childbirth, and the pu	us 1cy, Ierperium	024 Diabetes r childbirth, and	nellitus in pregnancy, I the puerperium
775.1 Neonatal diabe	tes mellitus	P70.2 Neonata	l diabetes mellitus

CODING DIABETES MELLITUS

Structural difference in ICD-10-CM versus ICD-9-CM

				742 - 1 - 1 - 1 - 2 - 1 - 1 - 1 - 1	
ICD-9-CM	1979-98	ICD-10-CM	1999-now		MOD
					MOD
249 Secondary	diabetes mellitus	E08 Diabetes m underlying cone	ellitus due to dition		MOD
		E09 Drug or che	mical induced		MOD
		E13 Other speci	fied diabetes		MOD
0		mellitus		-	MOD
250 Diabetes n	nellitus	E10 Type 1 diab	etes mellitus		MOD
		E11 Type 2 diab	etes mellitus		MOD
648.0 Diabetes	s mellitus pregnancy,	024 Diabetes m childbirth, and	ellitus in pregnancy, the puerperium		MOD
childbirth, and	l the puerperium				MOD
775.1 Neonata	l diabetes mellitus	P70.2 Neonatal	diabetes mellitus		Permanent n
Source: Contexo Media					Transient ne

oe	OMIM	Gene/protein		
Y 1	125850	hepatocyte nuclear factor 4α		
Y 2	125851	glucokinase		
Y3	600496	hepatocyte nuclear factor 1 α		
Y 4	606392	inulin promoter factor-1		
Y 5	137920	hepatic nuclear factor 1 β		
Y 6	606394	neurogenic differential 1		
Y 7	610508	Kruppel-like factor 11		
Y 8	609812	Bile salt dependent lipase		
Y 9	612225	PAX4		
Y 10	613370	INS		
Y 11	613370	BLK		
eonatal DM	606176	KCNJ11 and ABCC8		
onatal DM	601410,610374, 610582	ABCC8		

Ту

MOD

OMIM®

Online Mendelian Inheritance in Man[®] An Online Catalog of Human Genes and Genetic Disorders

Updated February 28, 2018

THE LANCET Diabetes & Endocrinology

1st March 2018

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Articles						

Novel subgroups of adult-onset diabetes and their association with outcomes: a data-driven cluster analysis of six variables

Emma Ahlqvist, PhD, Petter Storm, PhD, Annemari Käräjämäki, MD[†], Mats Martinell, MD[†], Mozhgan Dorkhan, PhD, Annelie Carlsson, PhD, Petter Vikman, PhD, Rashmi B Prasad, PhD, Dina Mansour Aly, MSc, Peter Almgren, MSc, Ylva Wessman, MSc, Nael Shaat, PhD, Peter Spégel, PhD, Prof Hindrik Mulder, PhD, Eero Lindholm, PhD, Prof Olle Melander, PhD, Ola Hansson, PhD, Ulf Malmqvist, PhD, Prof Åke Lernmark, PhD, Kaj Lahti, MD, Tom Forsén, PhD, Tiinamaija Tuomi, PhD, Anders H Rosengren, PhD, Prof Leif Groop, PhD

Additional phenotypic sub-divisions

THE LANCET **Diabetes & Endocrinology**

1st March 2018

Online First	Current Issue	All Issues	Special Issues	Multime	edia ~	About the Journal	Advisory Boar
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Additional phenotypic sub-divisions

Summary Background

Diabetes is presently classified into two main forms, type 1 and type 2 diabetes, but type 2 diabetes in particular is highly heterogeneous. A refined classification could provide a powerful tool to individualise treatment regimens and identify individuals with increased risk of complications at diagnosis.

Methods

We did data-driven cluster analysis (k-means and hierarchical clustering) in patients with newly diagnosed diabetes (n=8980) from the Swedish All New Diabetics in Scania cohort. Clusters were based on six variables (glutamate decarboxylase antibodies, age at diagnosis, BMI, HbA_{1c}, and homoeostatic model assessment 2 estimates of β-cell function and insulin resistance), and were related to prospective data from patient records on development of complications and prescription of medication. Replication was done in three independent cohorts: the Scania Diabetes Registry (n=1466), All New Diabetics in Uppsala (n=844), and Diabetes Registry Vaasa (n=3485). Cox regression and logistic regression were used to compare time to medication, time to reaching the treatment goal, and risk of diabetic complications and genetic associations.

Findings

We identified five replicable clusters of patients with diabetes, which had significantly different patient characteristics and risk of diabetic complications. In particular, individuals in cluster 3 (most resistant to insulin) had significantly higher risk of diabetic kidney disease than individuals in clusters 4 and 5, but had been prescribed similar diabetes treatment. Cluster 2 (insulin deficient) had the highest risk of retinopathy. In support of the clustering, genetic associations in the clusters differed from those seen in traditional type 2 diabetes.

Interpretation

We stratified patients into five subgroups with differing disease progression and risk of diabetic complications. This new substratification might eventually help to tailor and target early treatment to patients who would benefit most, thereby representing a first step towards precision medicine in diabetes.

THE LANCET Diabetes & Endocrinology			1st March 2018			Summary Backgroun Diabetes is p	
Online First Curre	nt Issue All Issue	s Special Issues	Multimedia - \$ Search	About the Journal Advanced Search	Advisory Boar	in particular individualis diagnosis.	
< Previous Articles		Online F	irst	Ν	ext Article >	Methods We did data	

Findings

No

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Emr

Ann

Wes

PhD

PhD +

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Low genetic susceptibility group

High genetic susceptibility group



Low genetic susceptibility group

High genetic susceptibility group

THE NATIONAL ACADEMIES

Advisors to the Nation on Science, Engineering, and Medicine

NATIONAL ACADEMY OF SOENCES NATIONAL ACADEMY OF ENGINEERING INSTITUTE OF WEDGINE NATIONAL RESEARCH COUNCIL

Reports Funded By National Institutes of Health

Toward Precision Medicine: Building a Knowledge Network for Biomedical Research and a New Taxonomy of Disease.

Show details

National Research Council (US) Committee on A Framework for Developing a New Taxonomy of Disease.

Washington (DC): National Academies Press (US); 2011.





Genetic Testing to Guide Treatment in Cancer

 Philadelphia Translocation in Chronic Myeloid Leukaemia treatment with imatinib doubled survival rates

•Tumour cells carrying mutated EGRF gene (and not a mutated **KRAS** gene) in colon cancer

improved survival with cetuximab









a few patients were identified with very low blood LDL cholesterol levels, without having changed their lifestyle

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treat patients with statin-resistant hypercholesterolaemia







Biomarkers

"any substance, structure or process that can be measured in the body or its products and influence or predict the incidence or outcome of disease"











blood sugar HbA1 creatinine cholesterol troponin specific antibodies circulating tumour DNA etc.

Bioinformatics








Technology

NHS trust fined for 56 Dean Street HIV status leak

By Chris Foxx Technology reporter



An NHS trust has been fined £180,000 after a sexual health centre leaked the details of almost 800 patients who had attended HIV clinics.

Malware

WannaCry, Petya, NotPetya: how ransomware hit the big time in 2017

Most first encountered ransomware after an outbreak shut down hospital computers and diverted ambulances this year. Is it here to stay?



Augstein/AP Marcus Hutchins, who stopped the WannaCry ransomware attack from spreading. Photograph: Frank

The Guardian 30 December 2017

Google

Royal Free breached UK data law in 1.6m patient deal with Google's DeepMind

Information Commissioner's Office rules record transfer from London hospital to AI company failed to comply with Data Protection Act



▲ 'We underestimated the complexity of the NHS and of the rules around patient data' – DeepMind. Photograph: Alamy Stock Photo

The Guardian 3rd July 2017

"the price of innovation didn't need to be the erosion of legally ensured fundamental privacy rights"





Elizabeth Denham, Information Commissioner



Biobanks



Genetics Icelandic DNA project hit by privacy storm

Robin McKie, science editor

Sun 16 May 2004 10.22 BST



It was meant to give Iceland a global lead in medical research and create one of the world's most powerful drug companies. But the launch of DeCode Genetics is threatening to become a national embarrassment.

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Disagree

Agree



100,000 Genome Project

to create an ethical and transparent programme based on consent; to bring benefit to patients and set up a genomic medicine service for the NHS; to enable new scientific discovery and medical insights; and to kick start the development of a UK genomics industry.

rare diseases and cancer

2012









the data are valuable to us all

the data are valuable to us all

that value must not be lost because of breaches of trust





DRUG C







DRUG C





"the genomic information allows the population to be divided into groups with different probabilities of responding to particular types of medication or developing an adverse reaction—one group has a high probability, another a lower probability, but for neither group is there certainty"

Nikolas Rose 2010

treatment specific to an individual

Modifying the patient's OWN cells







CU Side effects Cost





ICU Side effects Cost 5288 - 360,000per administration



Can we afford precision medicine?

more accurate diagnosis (fewer patients per treatment)

more accurate diagnosis (fewer patients per treatment)

no drugs for non-responders

- more accurate diagnosis (fewer patients per treatment)
- no drugs for non-responders
- avoidance of predictable side-effects

- more accurate diagnosis (fewer patients per treatment)
- no drugs for non-responders
- avoidance of predictable side-effects
- improved outcome (less burden of disease)



costs of diagnostics/biomarkers



costs of diagnostics/biomarkers

population screening



- costs of diagnostics/biomarkers
- population screening
- complex IT


Potential Additional Costs

- costs of diagnostics/biomarkers
- population screening
- complex IT
- data security/confidentiality





Potential Additional Costs

- costs of diagnostics/biomarkers
- population screening
- complex IT
- data security/confidentiality
- drug development and pricing



Diagnostics is not a Money-Spinner



Cheap Diagnostics and Expensive Drug

diagnostic (genetic) test

the average pre-tax industry cost per new prescription drug approval (inclusive of failure and capital costs)

(http://csdd.tufts.edu/files/uploads/Tufts_CSDD_briefing_on_RD_cost_study_-_Nov_18, 2014..pdf)

New Drug and Biologics Approvals and R&D Spending



R&D expenditures are adjusted for inflation; curve is a 3-year moving average for NME/NBEs Sources: Tufts CSDD; PhRMA, 2014 Industry Profile

New Drug and Biologics Approvals and R&D Spending



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Orphan Drugs

Agents that are not developed by the pharmaceutical industry for economic reasons, but which respond to a public health need.

The indications for such a drug may also be considered as 'orphan' since a substance may be used in the treatment of a frequent disease but may not, previously, have been developed for another, rarer, indication





http://blogs.sciencemag.org/pipeline/wp-content/uploads/sites/2/2015/04/RD-trend.png



http://blogs.sciencemag.org/pipeline/wp-content/uploads/sites/2/2015/04/RD-trend.png

high development costs

high development costs

expensive diagnostics/ biomarkers

high development costs

expensive diagnostics/ biomarkers high IT and regulation costs

high development costs

expensive diagnostics/ biomarkers high IT and regulation costs

small market

high development costs

high development costs



high development costs

better biometric testing to reduce the size of trial populations

high development costs

better biometric testing to reduce the size of trial populations

different trial designs

high development costs

better biometric testing to reduce the size of trial populations

different trial designs

modified regulation?

market test and drug together

high development costs

expensive diagnostics/ biomarkers

market test and drug together re-market old drugs with

high development costs

new test

expensive diagnostics/ biomarkers

high IT and regulation costs

small market

simplify regulation

high IT and regulation costs

small market

Ethics



• What use is the sample going to be put to? Was the donor asked?

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- Will there be secondary uses of the samples, and can they be sold on? What shows be the contract Ts & Cs?

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- Can the donor change their mind and, if so, should their samples be destroyed? Who can authorise destruction?

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- Can the donor change their mind and, if so, should their samples be destroyed? Who can authorise destruction?
- What information (how much and how often) should be fed back to the donor?

 What if secondary testing turns up something important re risk or disease? Is there a duty of candour?

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- What if data are lost, stolen, hacked or exploited? What rights should the donor have?

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- If a family trait is identified, should the family be told? What shows be the contract Ts & Cs?
- What if data are lost, stolen, hacked or exploited? What rights should the donor have?
- What if the bank crosses international boundaries? Whose regulatory authority trumps the others?

Who OWNS the data?


http://www.seattleorganicrestaurants.com/vegan-whole-food/Angelina-Jolie-supreme-court-BRCA-gene-patents-Myriad-**Genetics.php**

All nine Justices on the Supreme Court agreed that THE SEGMENTS OF DNA THAT MAKE UP HUMAN GENES ARE NOT PATENTABLE SUBJECT MATTER

4 84



All nine Justices on the Supreme Court agreed that THE SEGMENTS OF DNA THAT MAKE UP HUMAN GENES ARE NOT PATENTABLE SUBJECT MATTER

Universal Declaration on the









"My dream is that by including all peoples in understanding and reading the genetic code we will realise that all of us belong in one big global family – that we are all brothers and sister. Wow!"



























"Find me all the people with...."

Voices Erdogan has released the genealogy of thousands of Turks – but what is his motive?

In 2003, the Armenian newspaper Agos, whose editor Hrant Dink was assassinated outside his office in 2007, reported that the Turkish government was secretly coding minorities in registers

Robert Fisk | @indyvoices | Thursday 1 March 2018 11:00 GMT





Erdogan has made Turkey's population registers public AP



Click to follow ndependent Voices

Access to Treatment

"The focus of all this activity is on the diseases of affluence and not on the conditions that ail most people on our planet, curtailing their life expectancy and bringing them to an early death"

Nikolas Rose, London School of Economics, 2013

Lack of Access to Targeted Cancer Treatment Modalities in the Developing World in the Era of Precision Medicine: Real-Life Lessons From Bosnia

6

Amina Kurtovic-Kozaric, Semir Vranic, Sabira Kurtovic, Mirza Kozaric, Nermir Granov, and Timur Ceric, Clinical Center of the University of Sarajevo; Amina Kurtovic-Kozaric, Semir Vranic, Nermir Granov, Timur Ceric and Azra Hasic, University of Sarajevo, Sarajevo, Bosnia and Herzegovina.

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ARTICLE

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OPEN

Gene-by-environment interactions in urban populations modulate risk phenotypes

Marie-Julie Favé^{1,2}, Fabien C. Lamaze¹, David Soave¹, Alan Hodgkinson^{2,3}, Héloïse Gauvin^{2,4}, Vanessa Bruat^{1,2}, Jean-Christophe Grenier ^{1,2}, Elias Gbeha¹, Kimberly Skead¹, Audrey Smargiassi⁵, Markey Johnson⁶, Youssef Idaghdour⁷ & Philip Awadalla^{1,2,8,9}

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ARTICLE

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Our findings demonstrate how the local environment directly affects disease risk phenotypes and that genetic variation, including less common variants, can modulate individual's response to environmental challenges.

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Exciting Innovations

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Economic Issues

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Economic Issues

Profit, Subsidy, Sharing

Ethical and Regulatory Control



1066 AND ALL THAT A Memorable History of ENGLAND comprising all the parts you can remember, including 103 GOOD THINGS, 5 BAD-KINGS 2 GENUINE DATES WALTER CARRUTHERS SELLAR Acgrot: Oxon: ROBERT JULIAN YEATMAN Failed M.A., etc. Oxon: ILLUSTRATED BY -TOHN REYNOLDS,

Personalised/Precision Medicine

Good Thing > Bad Actors

WITH SPECIAL THANKS

This was a tough topic for a surgeon.

It didn't exist when I graduated, and much of the basic science now taught at medical school passed me by.

I could not have written this without the help of these great colleagues and advisors;

Thank You

@profmjelliott

