

Food Oppression

Andrea Freeman

Professor of Law

University of Hawaii William S.

Richardson School of Law

Gresham College Lecture

March 31, 2021





Richard 🇺🇸 **Spencer** ✓

@RichardBSpencer

I'm very tolerant . . . lactose tolerant!
President of The National Policy Institute;
Co-Editor of AltRight.com.



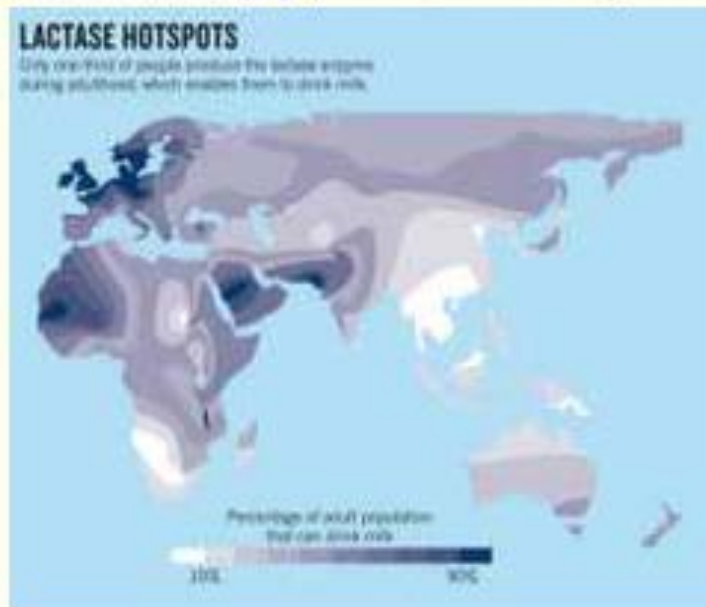
Baked  Alaska™ 

@bakedalaska

#8 on Time Magazine's Most Influential
Twitter Accounts 2017 | Good Christian
Boy | [#MilkTwitter](#)

 Los Angeles, CA

File: [themilkzone.jpg](#) (58 KB, 1000x773)



☐ **Enter The Milk Zone Anonymous** (ID: [jdLn/8/e](#)) 02/0

>>[111585777](#) >>[111587087](#) >>[111588035](#) >>[111588862](#) >>[111590764](#) >>[111590764](#)

> roses are red
> barack is half-black
> if you can't drink milk
> you have to go back

>> ☐ **Anonymous** (ID: [jdLn/8/e](#)) 02/07/17(Tue)18:51:03

File: [milkpride.jpg](#) (55 KB, 889x458)



>> ☐ **Anonymous** (ID: [rYHKuKvi](#)) 02/07/17(Tue)18:51:12 No.111581766 ▶

why is that map so much better than usual

>> ☐ **Anonymous** (ID: [jdLn/8/e](#)) 02/07/17(Tue)18:52:04 No.111581933 ▶

File: [WHITED.jpg](#) (175 KB, 1016x615)



Milk make man big an strong

GOMAD today!



Tora Shae 
@BlackMajik

 Follow

I just realized y ol girl in **#GetOut** was eatin the
fruit loops & milk separately together.

Seperating the white from the coloreds!!

Milk and White Supremacy

“The people who have achieved, who have become large, strong, vigorous people, who have reduced their infant mortality, who have the best trades in the world, who have an appreciation for art, literature and music, who are progressive in science and every activity of the human intellect are the people who have used liberal amounts of milk and its products.”

Nutritionist E.V. McCollum, Milk Made the Difference, National Dairy Council, 1920s.

Milk and White Supremacy

“A casual look at the races of people seems to show that those using much milk are the strongest physically and mentally, and the most enduring of the people of the world. Of all races, the Aryans seem to have been the heaviest drinkers of milk and the greatest users of butter and cheese, a fact that may in part account for the quick and high development of this division of human beings.”

Ulysses Hedrick, *A History of Agriculture in the State of New York*, 1933.



Health Problems and Milk

Dairy consumption linked to increased risk of

- Heart disease
- Prostate cancer
- Pancreatic cancer
- Ovarian cancer
- Diabetes

Racial disparities exist in every case.

Lactose Intolerance by Race

Southeast Asians 98%

Asian Americans 90%

African Americans Adults 79%

Rural Mexicans 73.8%

North American Jews 68.8%

Mexican American Males 55%

African American Children 45%

N. European and Scandinavians 5%

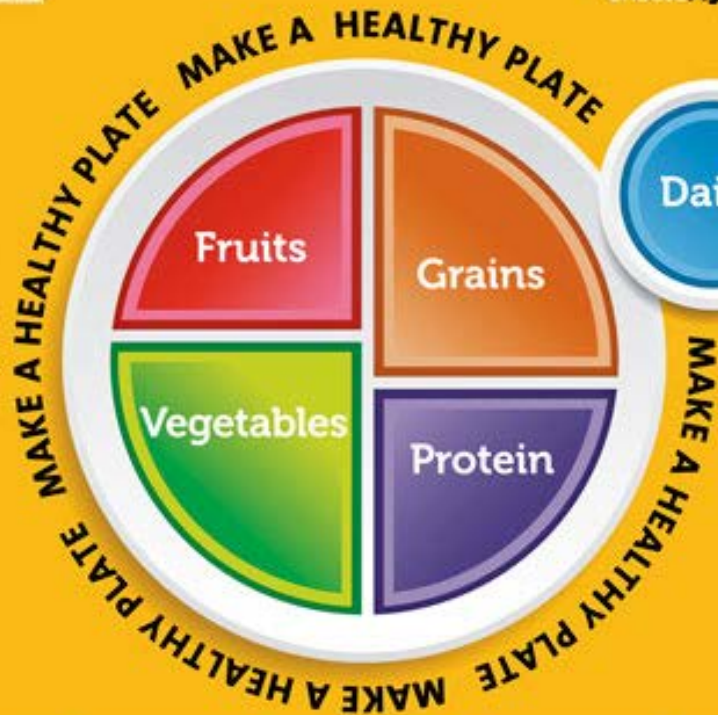
DAILY DAIRY TABLE

DAILY RECOMMENDATION

Children	2-3 years old	2 cups	Women	19-30 years old	3 cups
	4-8 years old	2 ½ cups		31-50 years old	3 cups
Girls	9-13 years old	3 cups		51+ years old	3 cups
	14-18 years old	3 cups	Men	19-30 years old	3 cups
Boys	9-13 years old	3 cups		31-50 years old	3 cups
	14-18 years old	3 cups		51+ years old	3 cups

What counts as a cup in the Dairy Group?

In general, 1 cup of milk, yogurt, or soymilk (soy beverage), 1 ½ ounces of natural cheese, or 2 ounces of processed cheese can be considered as 1 cup from the Dairy Group. The table below lists specific amounts that count as 1 cup in the Dairy Group towards your daily recommended intake.



Vegetables

Vary your veggies.

Any vegetable or 100% vegetable juice counts as a member of the vegetable group.

Fill half your plate with fruits and vegetables.



Fruits

Focus on fruits.

Whole fruit is preferable to juice but any fruit counts: fresh, frozen, canned, 100% juice or dried.

Fill half your plate with fruits and vegetables.



Grains

Make at least half your grains whole.

Read labels to find more whole grain foods like whole wheat, oatmeal and brown rice.



Protein

Go lean with protein.

Keep portion to 1/4 of the plate.

Nuts, beans/peas, seeds, poultry, lean meat, seafood, soy and eggs are in this group.



Dairy

Get your calcium-rich foods.

Remember to choose skim milk or 1% milk.

Nonfat yogurt is a good choice, too.

Keep choices low in fat, sodium and sugar.



Milk surplus from dairy subsidies: Government-owned milk powder



Government cheese





People receiving government cheese at
United Bronx Parents, 1982.



People receiving government cheese
at United Bronx Parents, 1982.



Fully Formula Feeding



© 2004 Blackwell Publishing Ltd *Journal of Internal Medicine* 255: 103–110

These are examples of the foods that moms who are fully lactating feeding will get each month until the baby is 6 months old.



These are the foods that fully formula feeding babies will receive from 6 months until 1 year of age.



MILK POWERS POTENTIAL WITH 9 ESSENTIAL NUTRIENTS

- ♦ 8 grams of high-quality protein in each half-pint of milk
- ♦ A top food source of three out of the four nutrients that Americans are most lacking - calcium, potassium and vitamin D
- ♦ B vitamins for energy, vitamin A for a healthy immune system and 5 bone-building nutrients

DID YOU KNOW?

By the time many children reach kindergarten, they are consuming fewer nutrient-rich dairy foods than recommended by the Dietary Guidelines for Americans. For children 9 years and older, three servings of low-fat and fat-free milk and milk products are recommended daily.

GET STARTED



**TO FIND YOUR STATE AGENCY
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[www.FNS.USDA.gov/
cnd/contacts/StateDirectory.htm](http://www.FNS.USDA.gov/cnd/contacts/StateDirectory.htm)

**FOR MORE INFORMATION AND
ELIGIBILITY GUIDELINES, VISIT**

[www.FNS.USDA.gov/
smp/special-milk-program](http://www.FNS.USDA.gov/smp/special-milk-program)

**FOR MORE INFORMATION ON MILK
IN SCHOOLS, PLEASE VISIT**

www.MilkDelivers.org



– USDA'S SPECIAL – **MILK** PROGRAM

Learn how schools and child care programs in your community can provide FREE or reduced price milk to children.



milk life™

milk life™

USDA sponsored advertising: Got Milk?

got milk?

Lean machine.

When it comes to winning titles, perfect form helps. So I serve up milk. Studies suggest people pursuing a healthy weight could lose more weight and burn more fat by including 24 ounces a day of lowfat or fat free milk in their reduced-calorie diet, instead of 8 ounces or less. That's what I call a nice return.

serena williams © 2005 AMERICA'S MILK PROCESSORS

milk
your diet. Lose
weight!
24 oz 24 hours

Got Milk?

Role mother.

To strengthen my modern family, I follow my mama's example. She always set our table with milk and I do the same. Milk's got nutrients like protein and potassium that are important to pass on. Like mother like daughter.

got milk?

whymilk.com/sofiavergara



© 2011 AMERICA'S MILK PROCESSORS

NotMilk



**Spike's a famous director
and Knick fan, With a
message for each
African-American. Ninety
percent of blacks cannot
tolerate lactose, so why
does Spike endorse
taking dose after dose?
Lee poses with glue
applied to his face, and
in doing so betrays nine
out of ten of his race.**

DMI success stories



DMI success stories



NEW!

Cheesy Bites pizza

A pull-apart crust with 28 cheese-filled bites!

Lightly seasoned with the flavor of garlic butter.

LARGE \$11.99
1-topping

Pizza Hut

GATHER 'ROUND THE GOOD STUFF!

Not valid with multiple pizza pricing. Limited time offer. Prices, participation, delivery area and charges may vary.

The advertisement features a large, round pizza with a pull-apart crust made of 28 cheese-filled bites. The pizza is topped with pepperoni. A circular inset shows a close-up of the crust being pulled apart. The Pizza Hut logo is in the bottom right corner, and a disclaimer is at the bottom.

DMI creations



★ ★ ★ NEW ★ ★ ★

DOMINO'S **AMERICAN LEGENDS™**

MADE WITH PREMIUM INGREDIENTS AND SO MUCH CHEESE IT'S EVEN ON THE CRUST

LARGE \$12.99 EACH

MEMPHIS BBQ CHICKEN PHILLY CHEESE STEAK PACIFIC VEGGIE BUFFALO CHICKEN CALI CHICKEN BACON RANCH™ HONOLULU HAWAIIAN

ORDER NOW



Domino's Pizza

SPECIALTY PIZZAS. QUALITY INGREDIENTS. CHEESY CRUSTS. THE STUFF LEGENDS ARE MADE OF.

Calì Chicken Bacon Ranch™ Philly Cheese Steak Wisconsin 6 Cheese Honolulu Hawaiian Buffalo Chicken Pacific Veggie Memphis BBQ Chicken

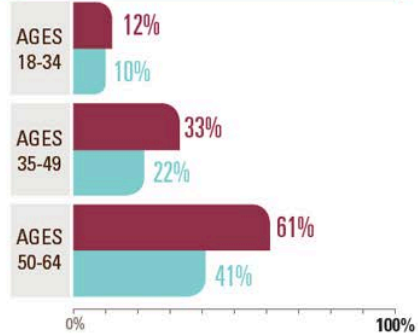
Food Oppression

Facially neutral food-related law, policy, or government practice that creates health disparities along race, gender, and class lines.

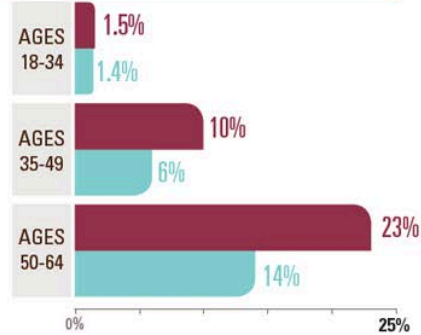
Corporate interests influence government action; cultural myths and racial stereotypes justify it.



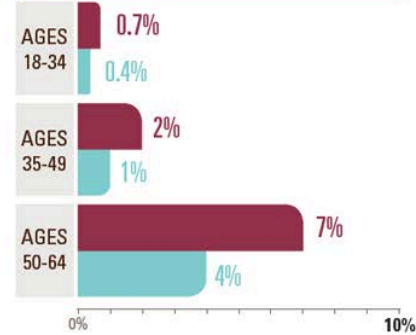
High Blood Pressure



Diabetes



Stroke



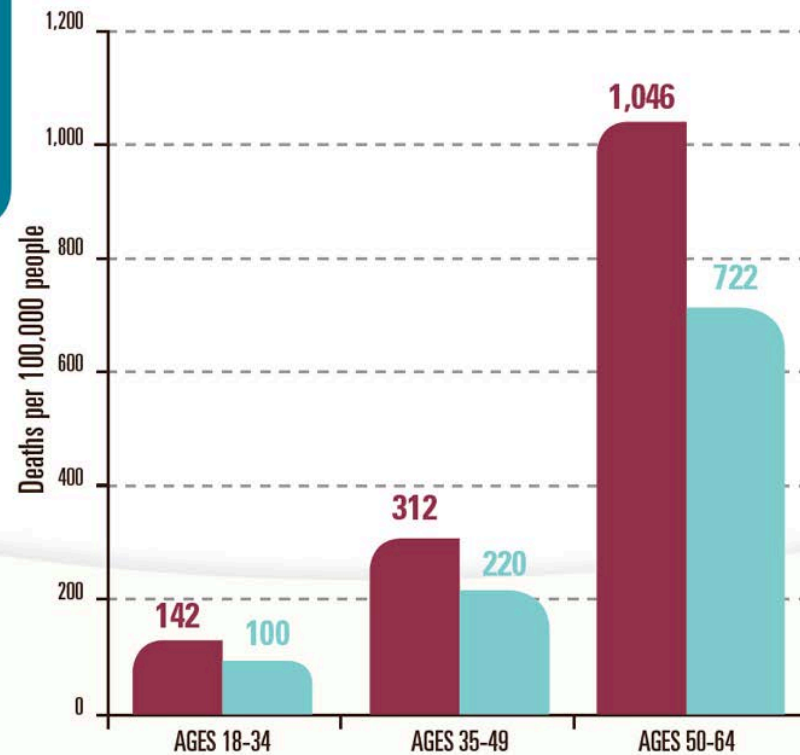
African American

White

African Americans and whites include Hispanic and non-Hispanic origin.

SOURCE: Behavioral Risk Factor Surveillance System, 2015.

African Americans are more likely to die at early ages from all causes.



SOURCE: US Vital Statistics, 2015.

EVERY 17 SECONDS someone in the US is diagnosed with diabetes.



AFRICAN AMERICANS ARE ALMOST 2X
MORE LIKELY TO HAVE DIABETES THAN NON-HISPANIC WHITES.

COMMON MYTHS



It's possible to have "a touch of sugar"



People with diabetes need to follow a special diet.



You have to lose a lot of weight for your diabetes to improve.



THE FACTS



No. A "touch of sugar" means you have diabetes. Either you have it or you don't.



People with diabetes benefit from the same healthy food that is good for anyone else.



Losing 10 to 15 lbs can improve your blood glucose, blood pressure and cholesterol.

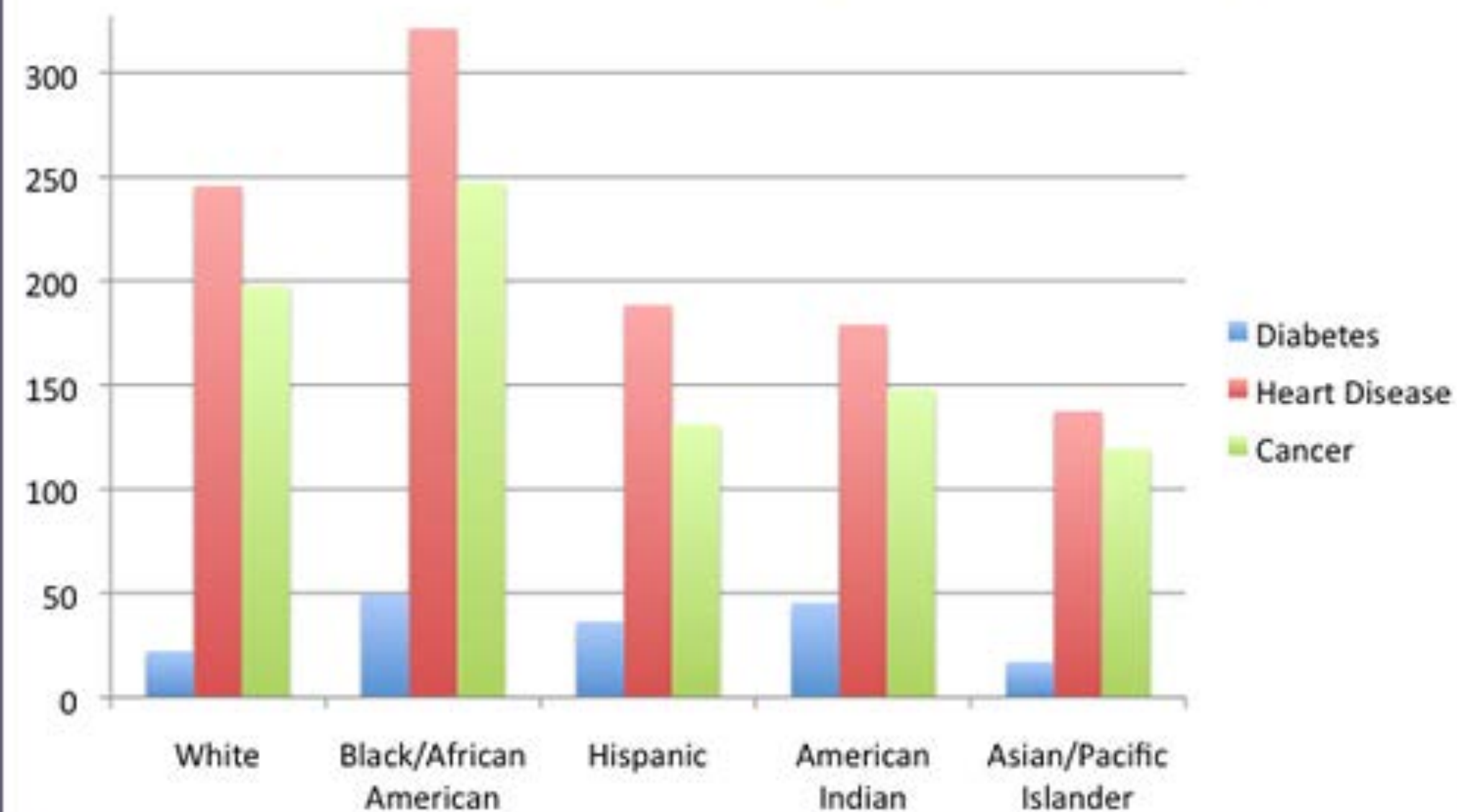
People diagnosed with diabetes, aged 20 years or older.

**LEARN MORE ABOUT LIVING WITH TYPE 2
DIABETES AT [DIABETES.ORG/TYPE2PROGRAM](https://diabetes.org/type2program)**

1-800-DIABETES (342-2383)



Chronic Disease Death Rates by Race and Ethnicity



HEART DISEASE

AND ITS EFFECTS ON AFRICAN AMERICANS

MEDICAL WEST
an affiliate of the **U.S. HEALTH SYSTEM**
www.medicalwesthospital.org

African Americans are 30% more likely to die of heart disease than non-hispanic whites

30%

40%

African American Women are 40% more likely to die of heart disease than non-hispanic white females



239 deaths per 100,000 (blacks)



180 deaths per 100,000 (whites)

Source: CDC, 2012. National Vital Statistics Report. Vol. 60, Num 3 Table 17.



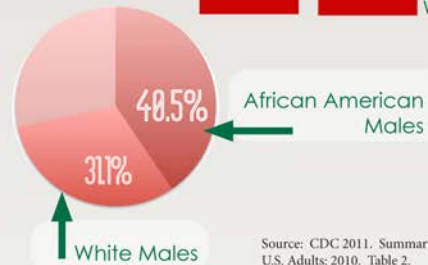
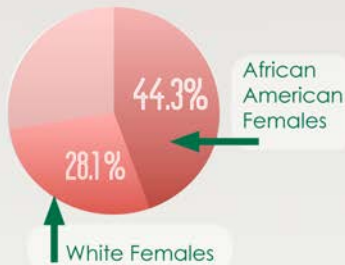
% HIGH BLOOD PRESSURE
Age 20+

Black Men (20+) have higher BP 30% more often than White Men

30%

60%

Black Women (20+) have higher BP 60% more often than White Women



Source: CDC 2011. Summary Health Statistics for U.S. Adults: 2010. Table 2.

KNOW STROKE | WHO IS AT RISK?

Make the stroke call 9-1-1
stroke.nih.gov



Stroke can strike anyone.

African Americans, Hispanics & 55+ are most at risk.



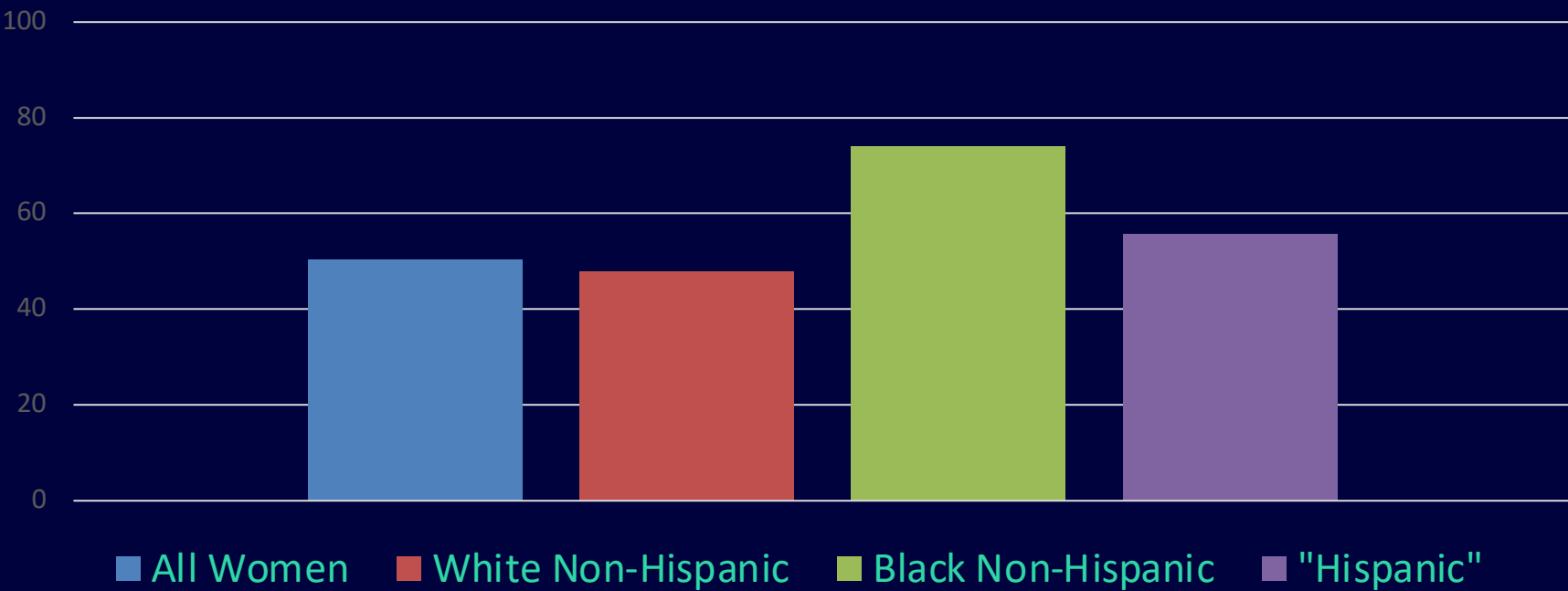
Stroke is more common in women and the number of strokes increases with age.

2x

Stroke kills twice as many **African Americans** as Caucasians, with more severe & disabling effects.

Sources: National Institutes of Neurological Disorders and Stroke (NINDS) Preventing Stroke Retrieved from www.ninds.nih.gov - American Stroke Association (ASA) Guidelines Understanding Stroke Risk Retrieved from www.strokeassociation.org

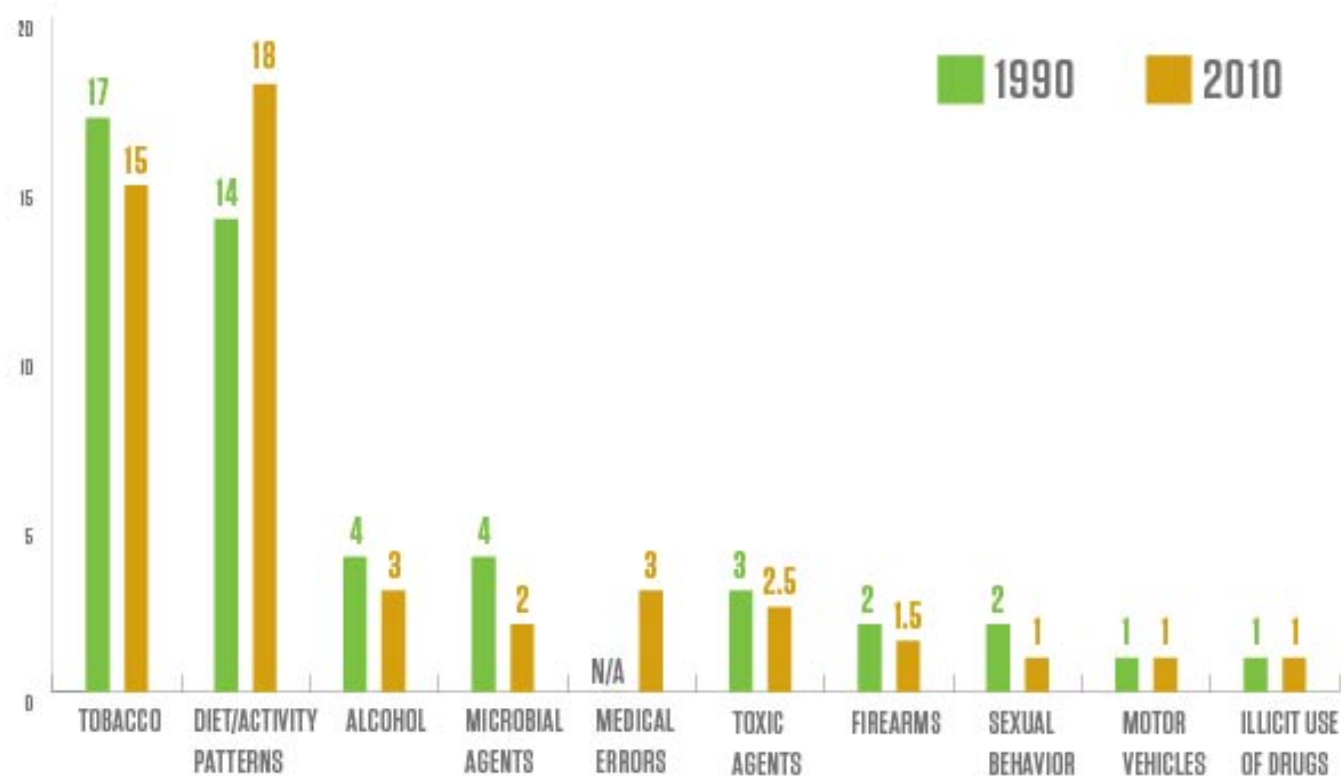
U.S. Age-Adjusted Prevalence of Female Adult Obesity, by Race (2013-14)



All women 50.3% White women 47.9% Black women 74% Latinas 55.6%

Poor Diet, Lack of Exercise Impede Progress on Reducing Early Deaths.

PERCENT OF EARLY DEATHS (BEFORE AGE 80) BY CAUSE, 1990 AND 2010



NOTE: Deaths due to medical errors not calculated in 1990.

SOURCE: J. Michael McGinnis, "Actual Causes of Death, 1990-2010," Workshop on Determinants of Premature Mortality, Sept. 18, 2013, National Research Council, Washington, D.C.



READING AWARD

2013-14

pizzahut.com/bookit

BOOK IT!

read your heart out

High-five for awesomeness!

This certificate entitles you,
to a free, one-topping Personal Pan Pizza® from Pizza Hut® to
celebrate your reading achievement!



© 2013 Wimpy Kid, Inc.
Award Certificate ©2013 Pizza Hut, Inc.

Code BI

0198 500600 701

SPRING I. S. D.



 Little Caesars
HOT-N-READY
LARGE PIZZA

\$5

PEPPERONI
OF CHEESE
ORIGINAL, PEPPERONI
Toppings Bar + More Toppings







Desert View High School in Tucson, AZ is one of many schools across the U.S. where McDonald's

McDonald's High School Games



Did You Know?

For more than 30 years, the McDonald's® All American High School Basketball Games have been the gold standard for high school all-star basketball, not only for the legacy of the players in the Games, but also for the millions of dollars raised for Ronald McDonald House Charities®. Stay in the game at www.mcdonaldsallamerican.com



McTeacher's® Night.



Thursday, February 16th, 2012
4-7 p.m.



Come help raise money for Tioga and Chippewa schools.

Pick up your McTeacher's® Night coupon at
Tioga or Chippewa school, then use your coupon
between 4-7 p.m. to help raise money.
It's that simple!

See Ronald McDonald Live! 5:30 p.m.

See your teacher work at McDonald's® 4-7 p.m.!

Bensenville McDonald's
Route 83 and Foster Ave.



MADISON ELEMENTARY SCHOOL

SPRING FUNDRAISER

We're partnering with McDonald's for a great new fundraiser!

We are selling Peel and Save Discount cards for McDonald's
to fund improvements to our playground!*

Get 26 great
BUY ONE, GET ONE FREE
offers for smoothies, shakes,
sandwiches, and more for
only \$10.00!



HERE'S WHAT YOU NEED TO KNOW:

McDonald's Peel and Save Card Fundraiser Sale runs now through April 22.

1. Use the color order brochures to take orders.
2. Cards are \$10.00 each and are good for many locations in southeast Michigan and northwest Ohio.
3. Collect money at the time of the order. *(Checks made payable to Madison Elementary School)*
4. Turn in your orders to receive your peeler cards for delivery to your customers.
5. All orders and payments are due: Friday, April 22!

SELL 10 CARDS

earn a FREE peeler card
for your family!

SELL 20 CARDS

earn a FREE peeler card and a \$10.00
coupon for the Book Fair!

THANK YOU FOR SUPPORTING OUR SCHOOL!

\$1.00 from each card sold also supports Ronald McDonald House Charities to help families in need.

⇒ welcome ⇐
Back to School

Start the day off right!

FREE Breakfast from McDonald's®
for grades K-8

Students under 18 years of age must be accompanied by a parent or guardian.

Wednesday, September 4, 2013

6:00 a.m. - 9:00 a.m.

Egg White Delight McMuffin®
or Egg McMuffin® with choice
of Milk or Small Minute Maid®
Orange Juice.



Offer good at participating McDonald's in Utah, western Wyoming & western Nevada. Valid from Sun. September 1, 2013 only. Offer good while supplies last. No substitutions. No group reservations. Students under 18 years of age must be accompanied by a parent or guardian. Offer must be present for offer. ©2013 McDonald's, a McDonald's Company. Minute Maid® is a registered trademark of The Coca-Cola Company. *KID: 9911-01-1-01



United States Department of Agriculture

MYPLATE GUIDE TO SCHOOL LUNCH

for Families

Grains

GRAINS

Whole grains give kids B vitamins, minerals, and fiber to help them feel fuller longer so they stay alert to concentrate at school.

VEGETABLES

Vegetables

A variety of vegetables helps kids get the nutrients and fiber they need for good health.

MILK

Dairy

Low-fat (1%) or Fat-free milk. Children and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth and muscles.

Protein

PROTEIN FOODS

Meat, poultry, fish, dry beans, peas, eggs, nuts, and seeds provide many nutrients including protein and iron. Portion sizes are based upon the nutrition needs of children in various grade groups. School meals also allow cheese, tofu, and yogurt to count as the meat/meat alternate in the school lunch.

FRUITS

Fruits

Every school lunch includes fruits as well as vegetables. Only $\frac{1}{2}$ of the fruits offered may be 100% juice, since whole and cut-up fruits have more fiber.



Visit teamnutrition.usda.gov for additional tips and activities.



MILK POWERS POTENTIAL WITH 9 ESSENTIAL NUTRIENTS

- 8 grams of high-quality protein in each half-pint of milk
- A top food source of three out of the four nutrients that Americans are most lacking - calcium, potassium and vitamin D
- 8 vitamins for energy, vitamin A for a healthy immune system and 5 bone-building nutrients

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milk life™

– USDA'S SPECIAL – MILK PROGRAM

Learn how schools and child care programs in your community can provide FREE or reduced price milk to children.

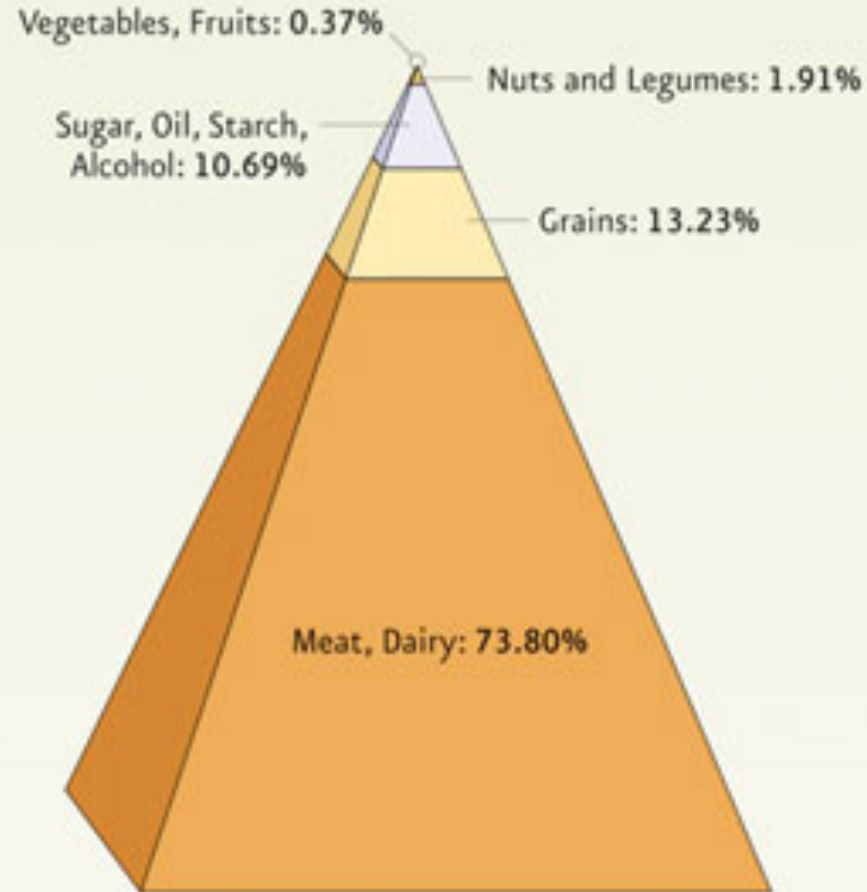


milk life™



Why Does a Salad Cost More Than a Big Mac?

Federal Subsidies for Food Production, 1995-2005*



Federal Nutrition Recommendations

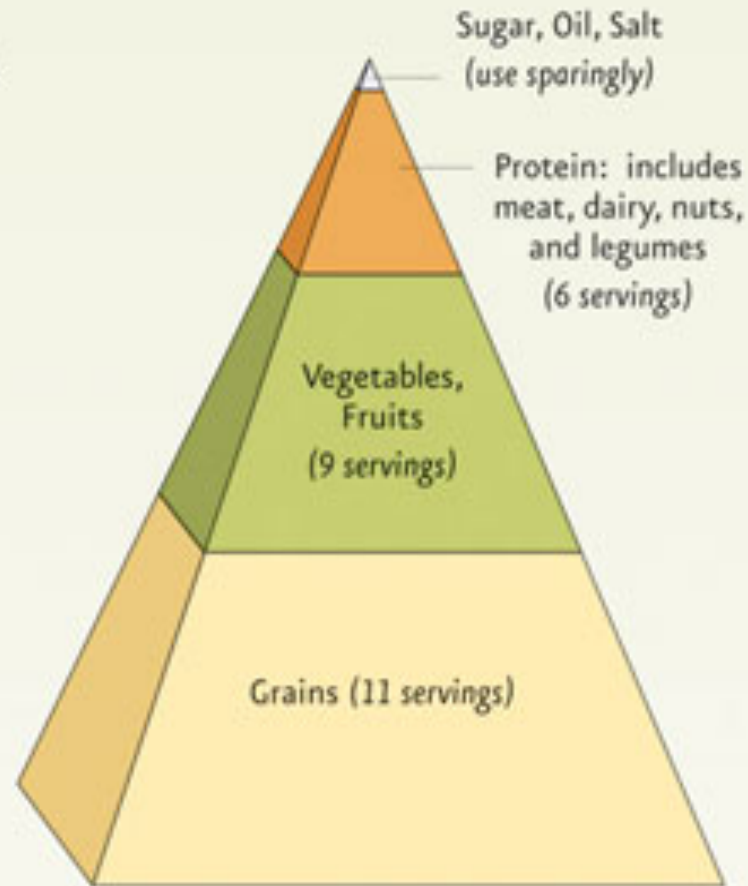
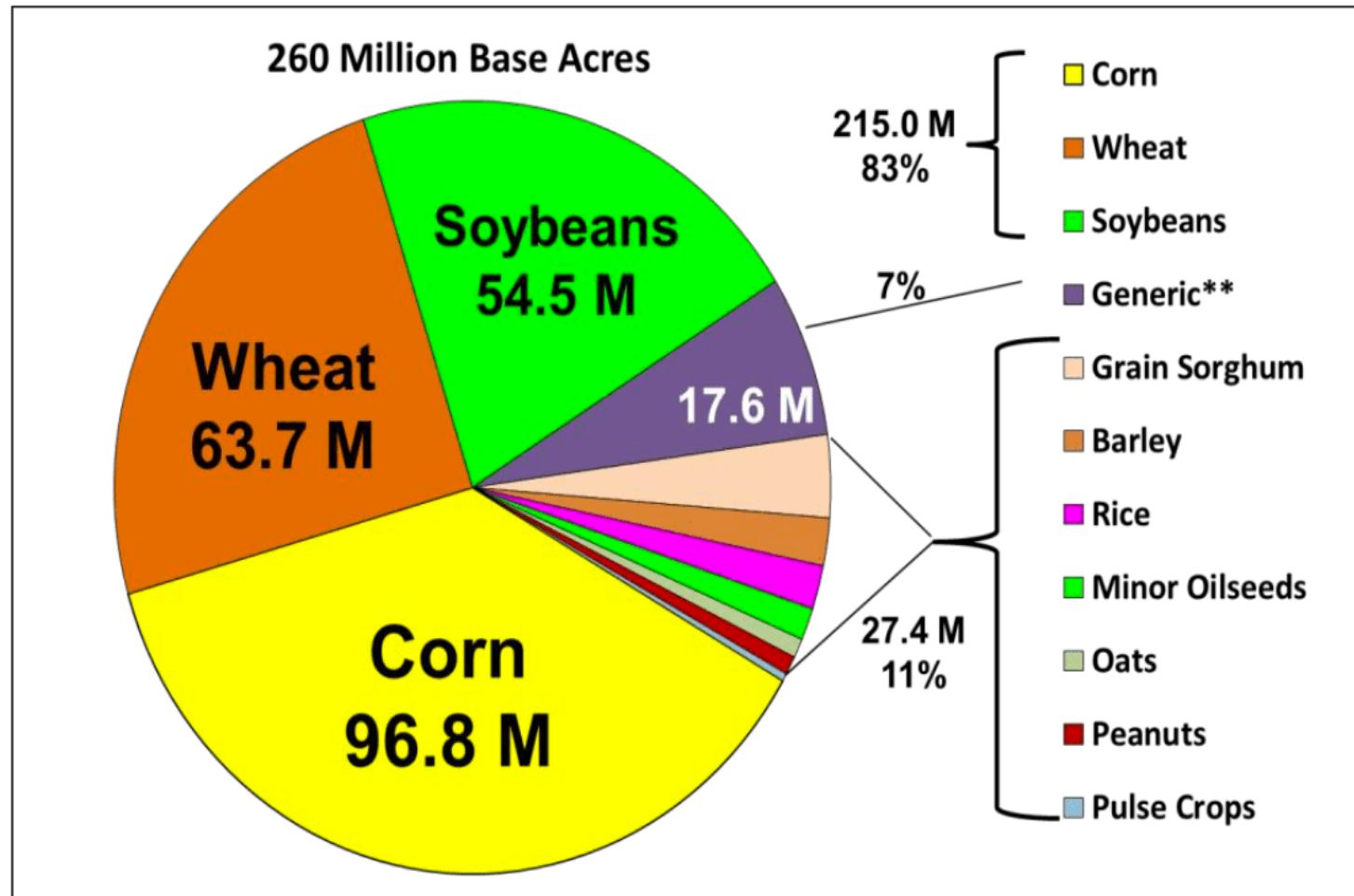


Figure 10. Base Acres by Commodity, 2014 Farm Bill



Source: 2014 farm bill (P.L. 113-79) and FSA.

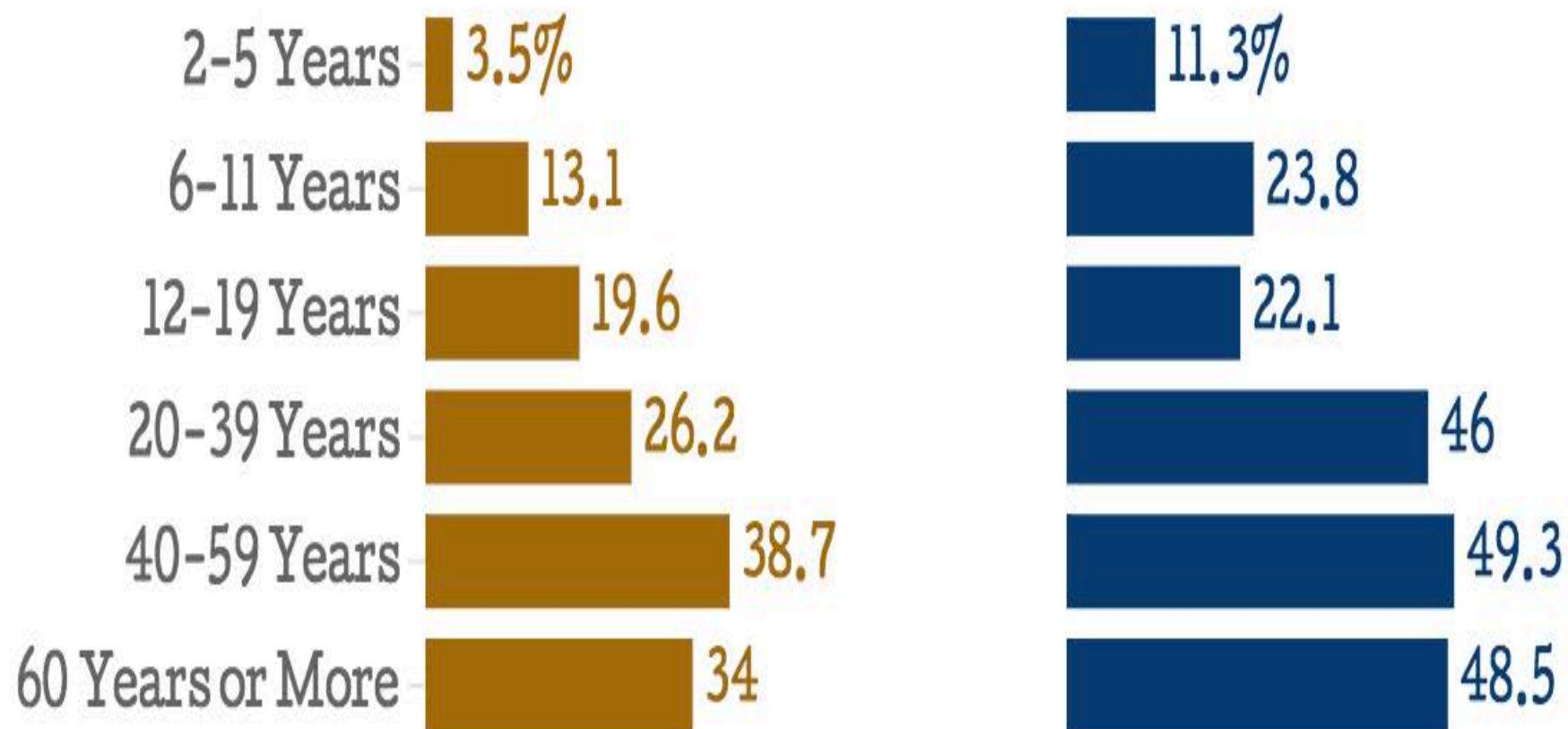
Notes: Base acres are historical average acres on a farm that have been planted to program crops defined under the 2002 farm bill (P.L. 107-171, §1101). Each base acre is associated with a particular program crop. **Generic base is former upland cotton base. Other feed grains include sorghum, barley, and oats; minor oilseeds include sunflower, flaxseed, canola, rapeseed, mustard, safflower, crambe, and sesame; pulse crops include dry peas, lentils, and large and small chickpeas; and sugar crops include sugar beets and sugar cane.



Obesity in the U.S. by Age and Race

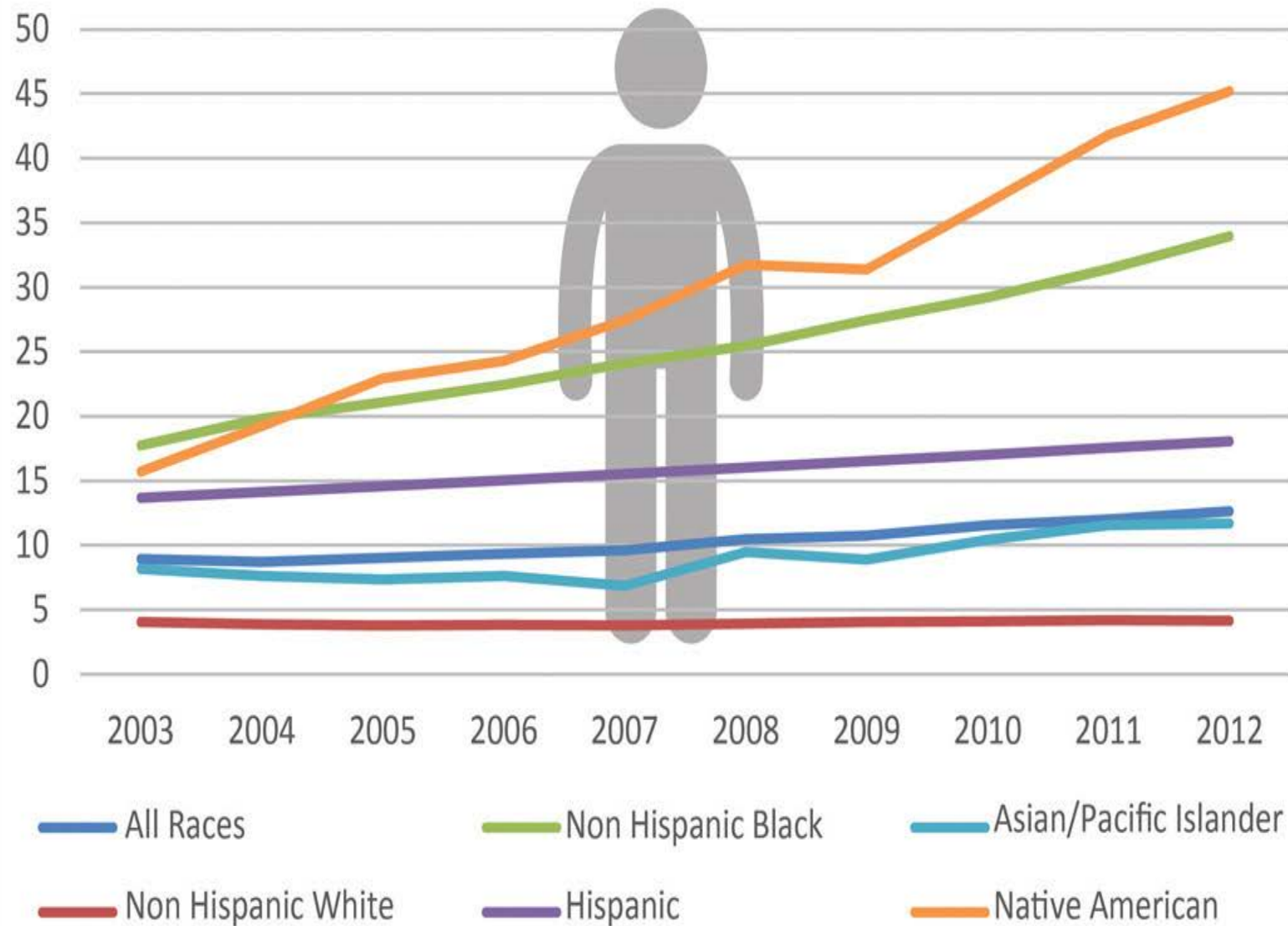
White

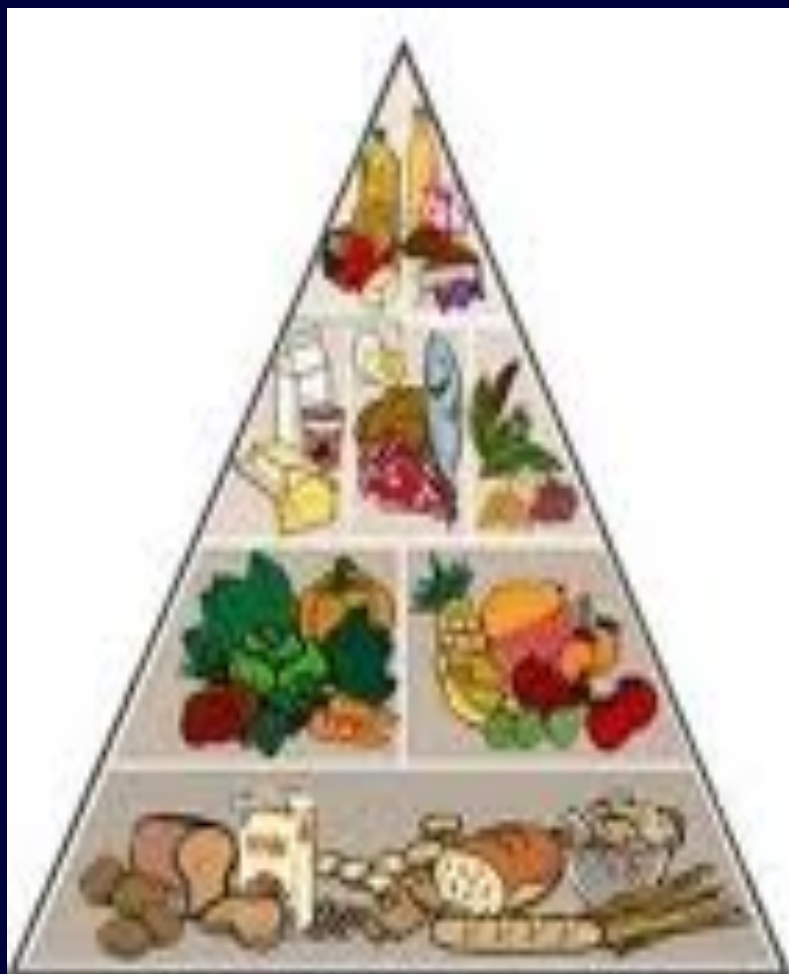
Black



Incidence per 100,000 Youth Ages 10-19

Type 2 Diabetes in Young Americans: Trends Over Time





CLOSE ENOUGH

EXTRA VEGETABLE ON YOUR PIZZA?

SCHOOL
LUNCH

PIZZA
FRIES
PIZZA FRIES
FRIED #2

NOTATION
GUIDELINES

USDA

SALT

STARCH

FOOD INDUSTRY
LORDS

YOU GUYS ARE
VERY COOLER THAN
THE OTHER
LUNCH LADY!



I DON'T CARE WHAT
CONGRESS SAYS, THAT'S
NO VEGETABLE.



Brands ▾

Agencies ▾

Media ▾

Analysis ▾

Trends

The Work ▾

Resources ▾

McDonald's plots music scheme and mobile ordering in digital overhaul

McDonald's is set to launch a music and entertainment offering to customers, as it looks to expand its digital presence.

0

f

✈

in

g+



McDonald's: 'summer scoop with McFlurry' campaign



Willow & Jaden Smith

Meet Elisa Johnson, EJ Johnson's Seriously Fashionable Little Sister! See the *EJNYC* Star's Most Stylish Instagram Pics



Elisa Johnson, daughter of retired NBA player Magic Johnson



BLACK AMERICA: TRENDSETTERS AND SUPER CONSUMERS

📅 MARCH 30, 2016 👤 KDAWN

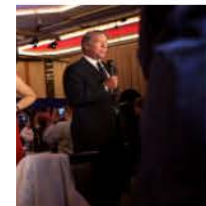
It's no secret that ethnic minorities set the trend for what's popular in America. The buying power for Asian, Hispanic, and Black Americans has (and continues) grown exponentially quicker than that of the whites; in 2014, the Selig Center for Economic Growth at the U.S. Census calculated that the buying power for these groups is at \$3.4 trillion, which is a 415% increase from \$661 billion in 1990.

Black Americans have a buying power of \$1.4 trillion alone. Having a major impact on American culture, Black Americans are heavy users of technology as well as products that tie to cultural and family traditions, rooted in large cities and the South.

Good Girl Gone Fad: Rihanna the Trendsetter



by NATALIE ADEEYO Feb 20, 2013



At Emma Watson

Cancel

Coupon

Add

10/16/14, 11:27 AM



Columbus, GA

\$2.99



2 McChicken® Sandwiches & Med Fries

EXPIRES

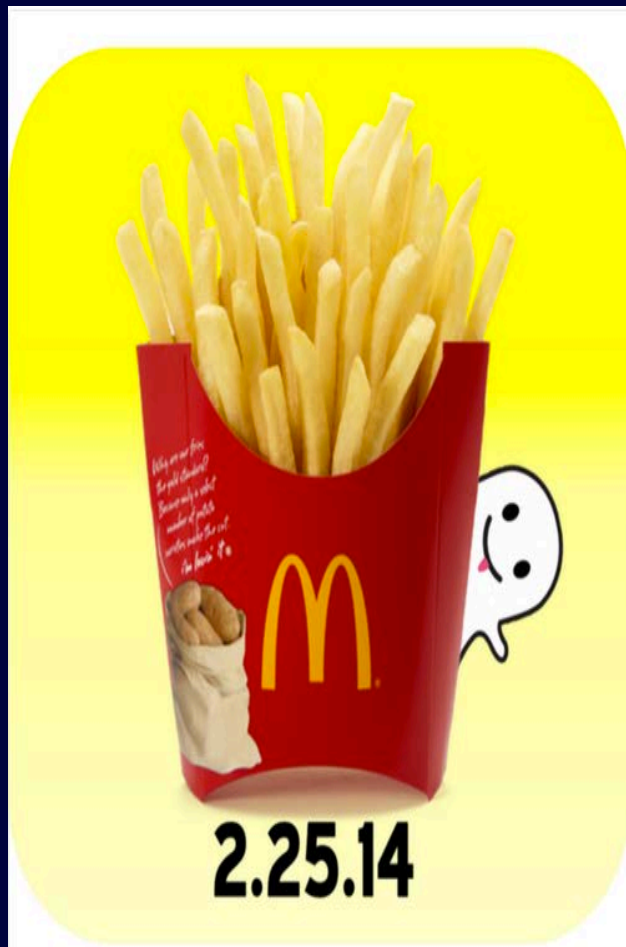
Oct 31, 2014



2MCSCGA



more offers and rewards



McDonald's 
@McDonalds

 Follow

You snap? We will soon. Add us for a tasty surprise.

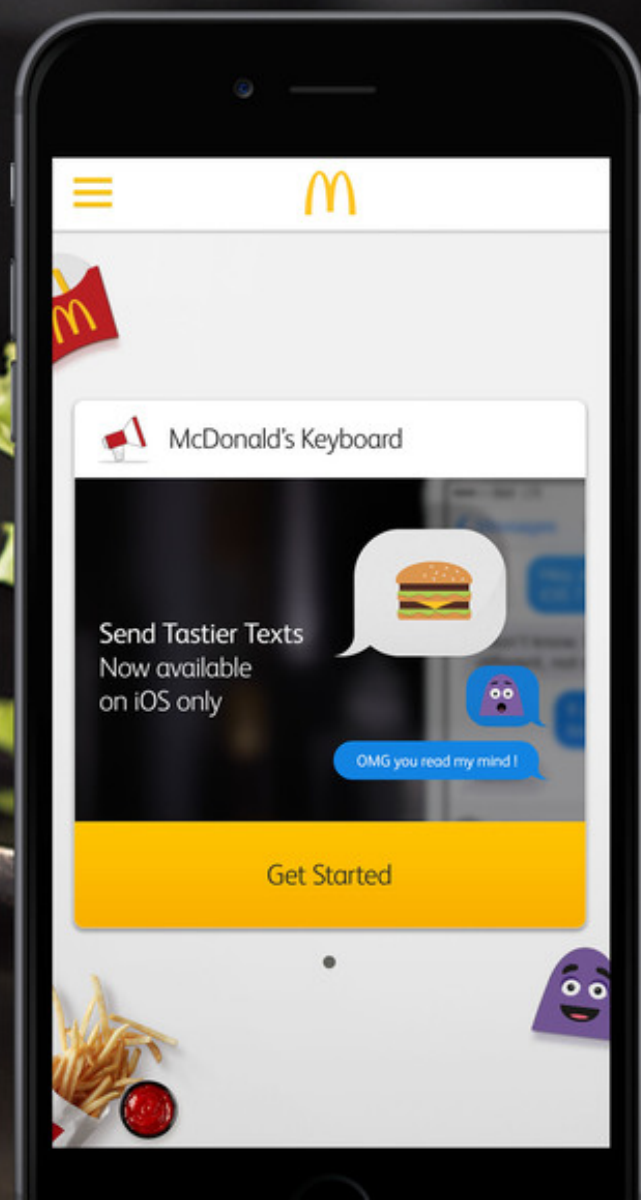
@Snapchat username: mcdonalds

7:00 PM - 21 Feb 2014

  210  303



Send Tasty Texts



McPlay POWER

la nueva App de tu
Cajita Feliz

¡Cada
juguete
desbloquea
un increíble
juego!



McDonalds McPlay app

https://twitter.com/mcdonalds_py/status/628945661753466880



McDonalds McPlay app: “The Happy Meal fun goes on when you unlock the McDonalds McPlay app on your phone or tablet – Scan your Happy Meal toy and let the fun continue”



THE OBESITY DEATH RATE IS OVERTAKING CIGARETTE SMOKING.

CONSUME WITH CAUTION.



**WE ARE THE FIRST
GENERATION OF
KIDS EXPECTED
TO LIVE SHORTER
LIVES THAN
THEIR PARENTS.**



**JOIN THE
MOVEMENT**



**NOVEMBER
11TH 2009**

**STICK IT
TO FAST FOOD**

STICK IT TO FAST FOOD





www.heart.org

American Heart Association



Red Chains vs. Blue Chains: 2016 Restaurant Political Contributions



Select a donor: **All** Presidential PACs Employees CEOs

Overall political contributions from the 14 restaurant chains Eater examined have gone mostly to Republican causes. Only Chipotle and Starbucks gave more money to Democrats than Republicans from 2010 to 2014. So far in this election cycle, two more companies, Dunkin' Brands and Panera Bread, have joined the list. The data combines political donations from company PACs, individual employees, and CEOs during the 2016 election cycle (January 2015 until now).

Select a donor type above to explore how the numbers break down.

Red Chains:

White Castle



Bloomin' Brands (Outback Steakhouse)



Dairy Queen



DineEquity (Applebee's, IHOP)



Wendy's



Chick-fil-A



Brinker International (Chili's)



Yum! Brands (Taco Bell, KFC, Pizza Hut)



McDonald's



Darden Restaurants (Olive Garden)



Neutral Chains:

NONE

Blue Chains:

Chipotle



Starbucks



Dunkin' Brands



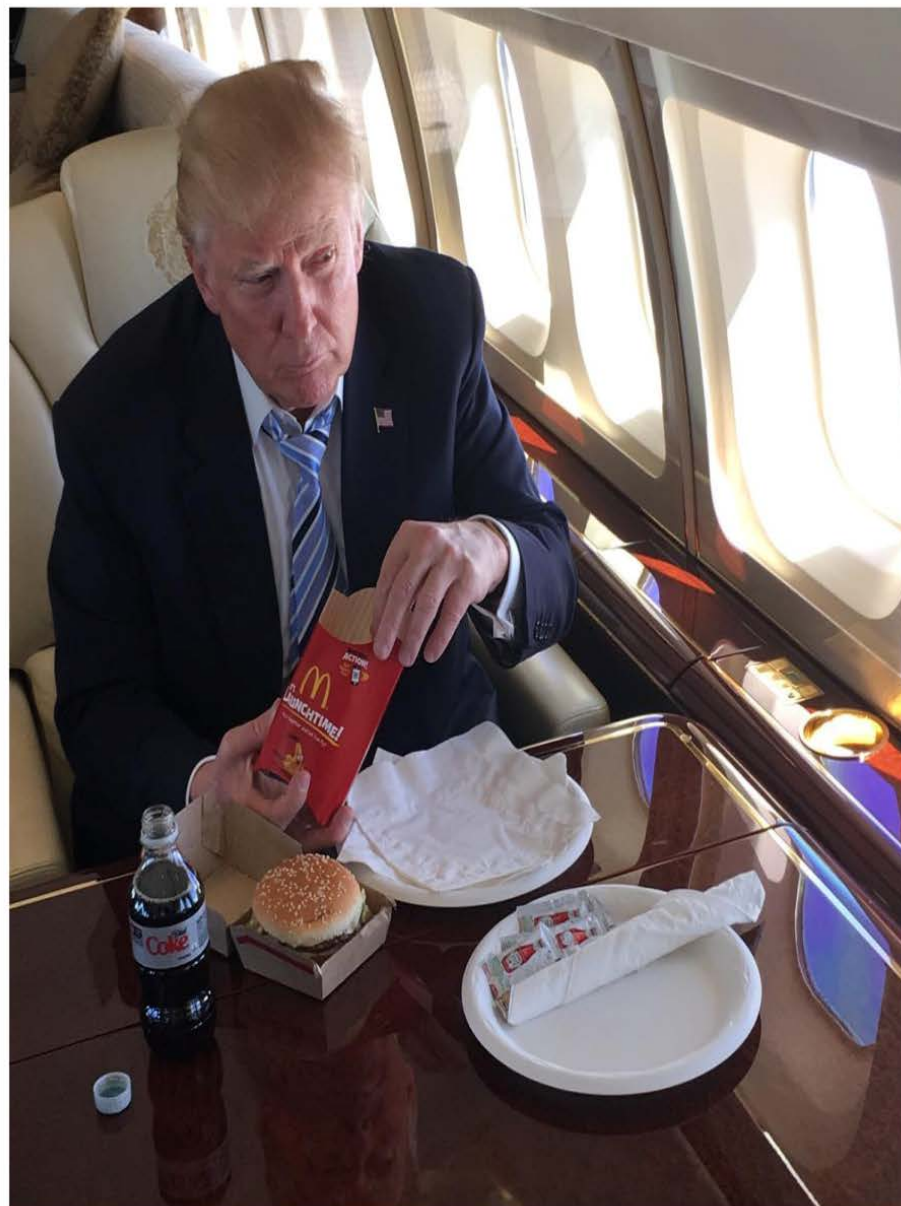
Panera Bread





realdonaldtrump • 5 months ago

+ Follow



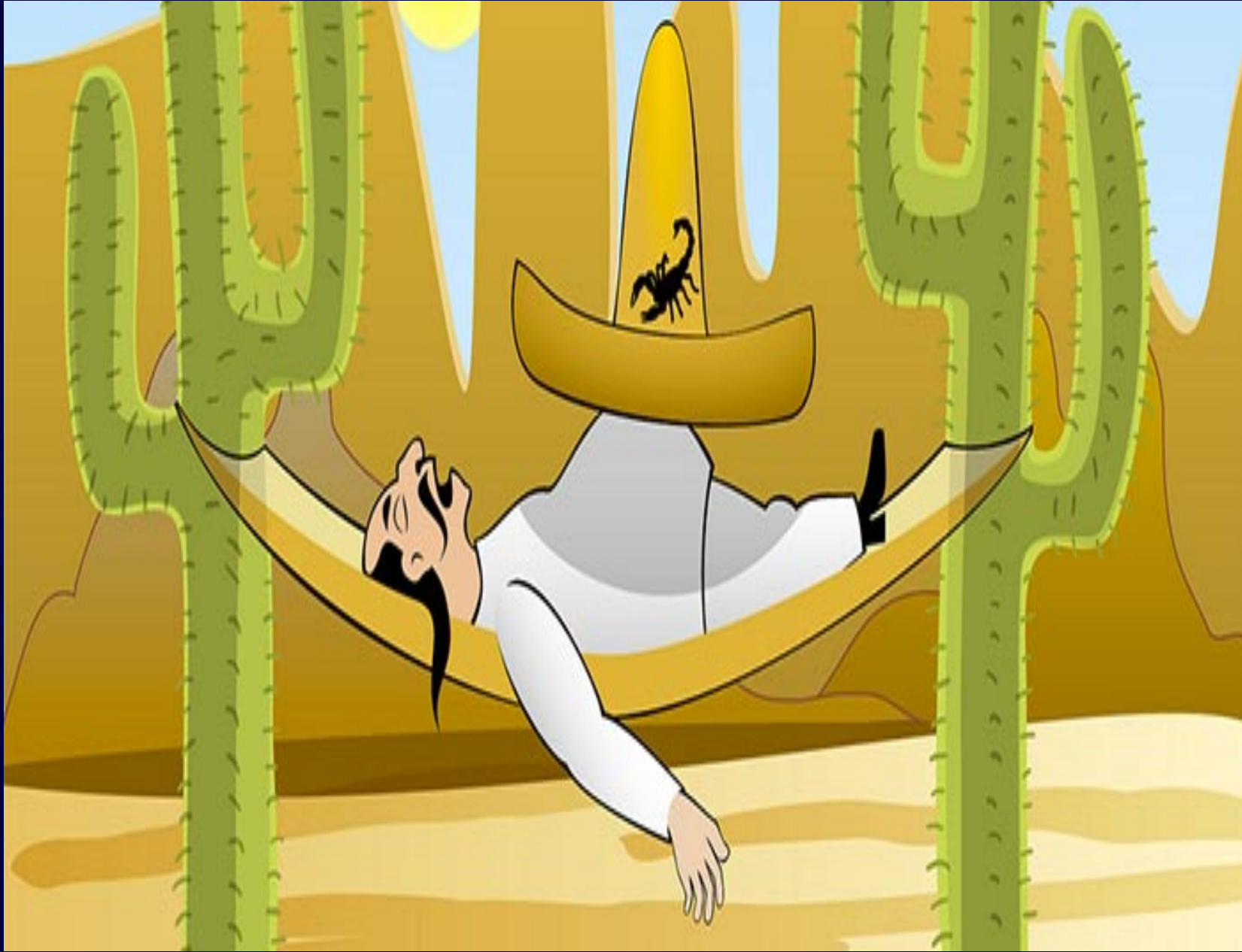
Celebrating 1237! #Trump2016

132.6k likes 23.3k comments

Instagram









NATIONAL
SCHOOL LUNCH
PROGRAM

Having Trouble Making Ends Meet?

You may qualify to *receive assistance!*



Click here to learn about the
**" USDA Food Distribution
Program
on Indian Reservations"**



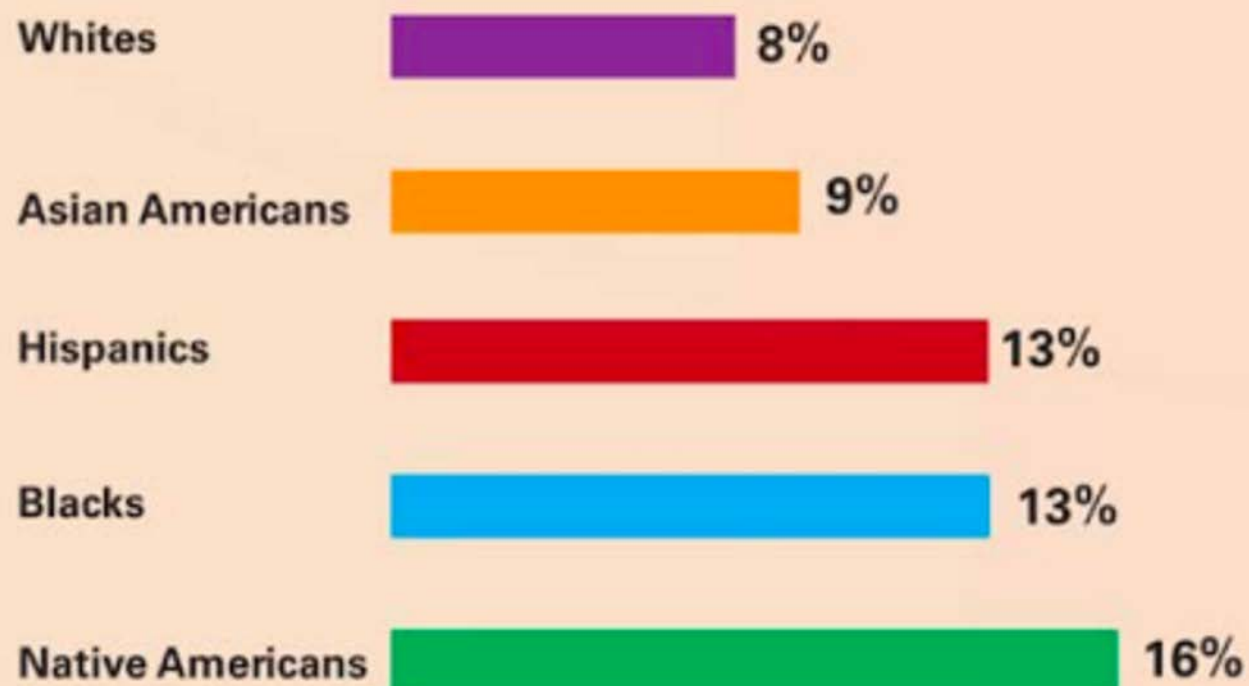




Grace



Native American adults have more diabetes than any other race or ethnicity.



SOURCE: National Health Interview Survey and Indian Health Service, 2010-2012.





Look! Up in the sky!
It's a bird! It's a plane!
No it's...

COMMODORE

EXPECTATION

The Proposed Trump Budget:
Reduce Supplemental Nutrition
Assistance Program (SNAP)
monthly benefits to the needy.
Instead a box of food will be
delivered to the needy called
America's Harvest Box.
"A Blue Apron-type program
where you actually receive
the food instead of receive
the cash!"

REALITY

The Proposed Trump Budget:
America's Harvest Box is
actually a box of
USDA commodities.
"Commodities" have been issued
to Native American Indians for
decades with devastating
effects including diabetes,
heart disease, and obesity.



© 2018
Matty
Two Girls
m2girls.com

**U. S. DEPARTMENT OF AGRICULTURE
FOR FOOD HELP PROGRAMS
NOT TO BE SOLD OR EXCHANGED**

**KEEP REFRIGERATED
(30° - 40°)
NET WEIGHT 5 POUNDS**

**PASTEURIZED PROCESS AMERICAN CHEESE
DONATED BY
U. S. DEPARTMENT OF AGRICULTURE
FOR FOOD HELP PROGRAMS
NOT TO BE SOLD OR EXCHANGED**

**KEEP REFRIGERATED
(30° - 40°)
NET WEIGHT 5 POUNDS**

USDA

CHEESE

Pasteurized Process for Use in Domestic Programs

NO PHILL'S

NOT FOR SALE







**IT'S ALL
ABOUT THE
FRYBREAD**









A HOLT HAMILTON FILM

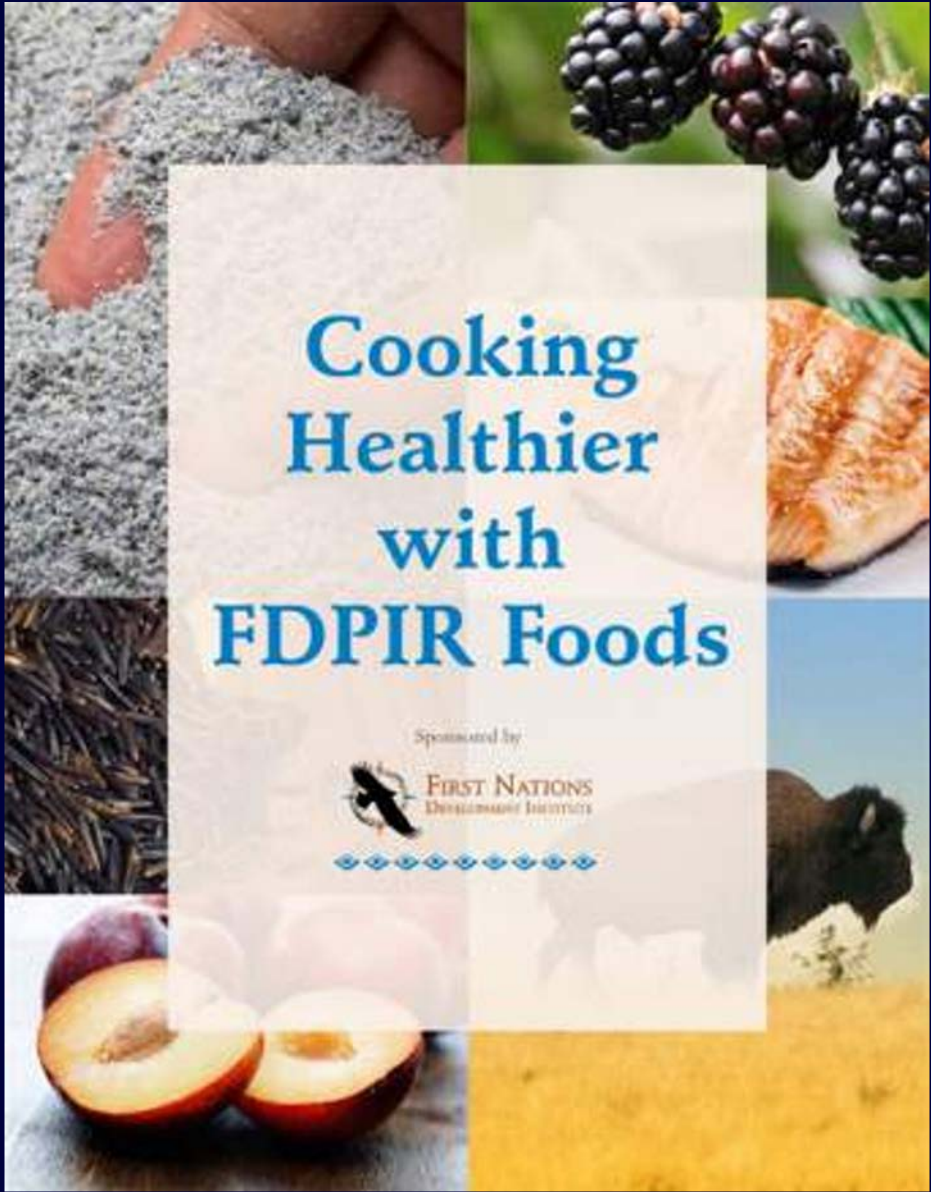
MORE THAN FRYBREAD

IT WAS ONLY SUPPOSED TO BE A CONTEST...









Cooking Healthier with FDPIR Foods

Sponsored by



QUICK & EASY

COMMODITY RECIPES

for the Food Distribution Program on Indian Reservations



United States
Department of
Agriculture

Food and Nutrition Service
PA-1449



Wichita and Affiliated Tribes
Food Distribution Program



Healthy Food

Healthy Families



A photograph of a school cafeteria. In the foreground, a red lunch tray is filled with food: a round white roll, a meatball on a roll, green beans, and a potato salad. In the background, students are seated at tables, some wearing blue and red shirts. The scene is brightly lit.

FORCED TO WEAR WRISTBANDS

STATE BANS 'LUNCH SHAMING' AT SCHOOLS





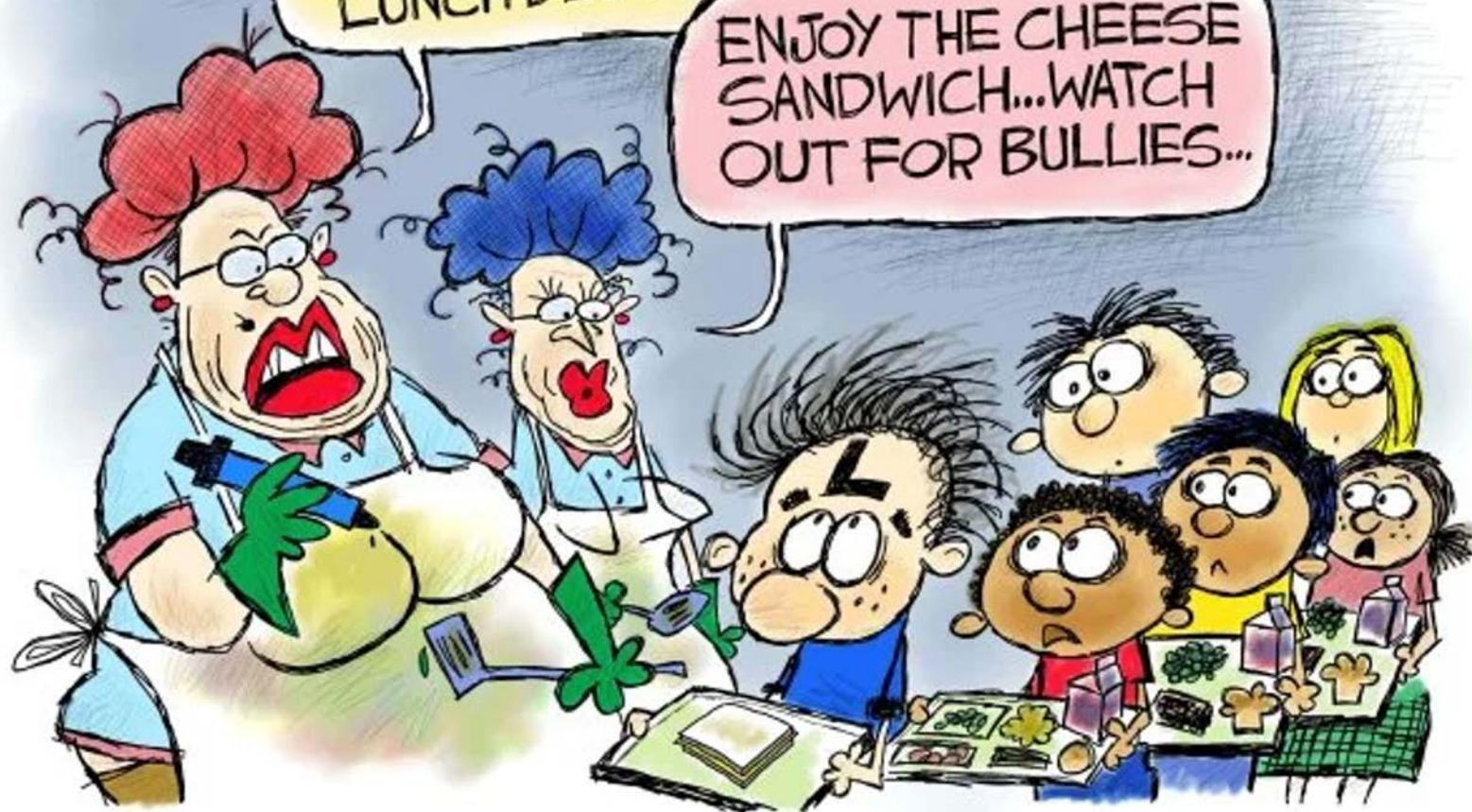
LUNCH SHAMING

CLAYTOONZ.COM

NEWS

TO REMIND YOUR PARENTS
THAT YOU'RE IN SCHOOL-
LUNCH DEBT...

ENJOY THE CHEESE
SANDWICH...WATCH
OUT FOR BULLIES...







Wyoming Valley West School District

600 North Maple Avenue, Elgin, Pa. 18704-3080
Phone: (717) 288-6001 ext. 10402

Dear Parent/Guardian,

This letter is to inform you that your child _____ has been purchasing breakfast and/or lunch at _____ School. After review of our records, there is a negative balance of \$_____ on your child's account.

At this time, multiple letters have been sent home with your child and no payments have been made to their account. Your child has been sent to school every day without money and without a breakfast and/or lunch. This is a failure to provide your child with proper nutrition and you can be sent to Dependency Court for neglecting your child's right to food. If you are taken to Dependency Court, the result may be your child being removed from your home and placed in foster care. To view your child's account please visit www.wvwsd.org "Parent Portal" to review your child's purchase history and balance information.

At this time, please remit payment as soon as possible to avoid being reported to the proper authorities. Also, free and reduced applications can be filed out at any time during the school year. This is if you have yet to fill out an application or if your financial situation has changed.

Sincerely,

Joseph Muth
Director of Federal Programs
Wyoming Valley West School District



Alexis Isabel 

@lexisilproez

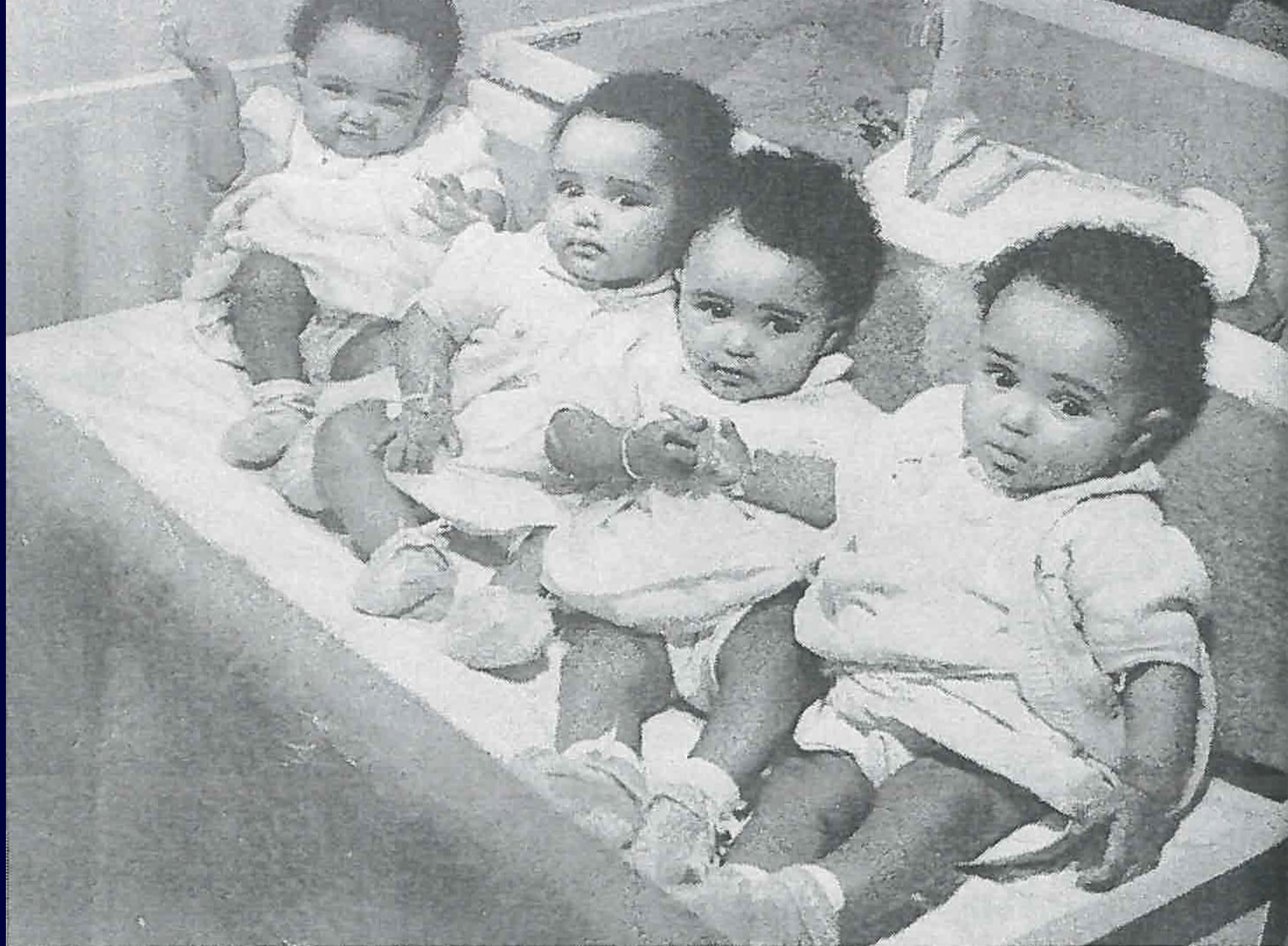
They are... threatening to take children away from their families... because their parents can't afford to pay off a school lunch debt..... this country really, really hates poor people.

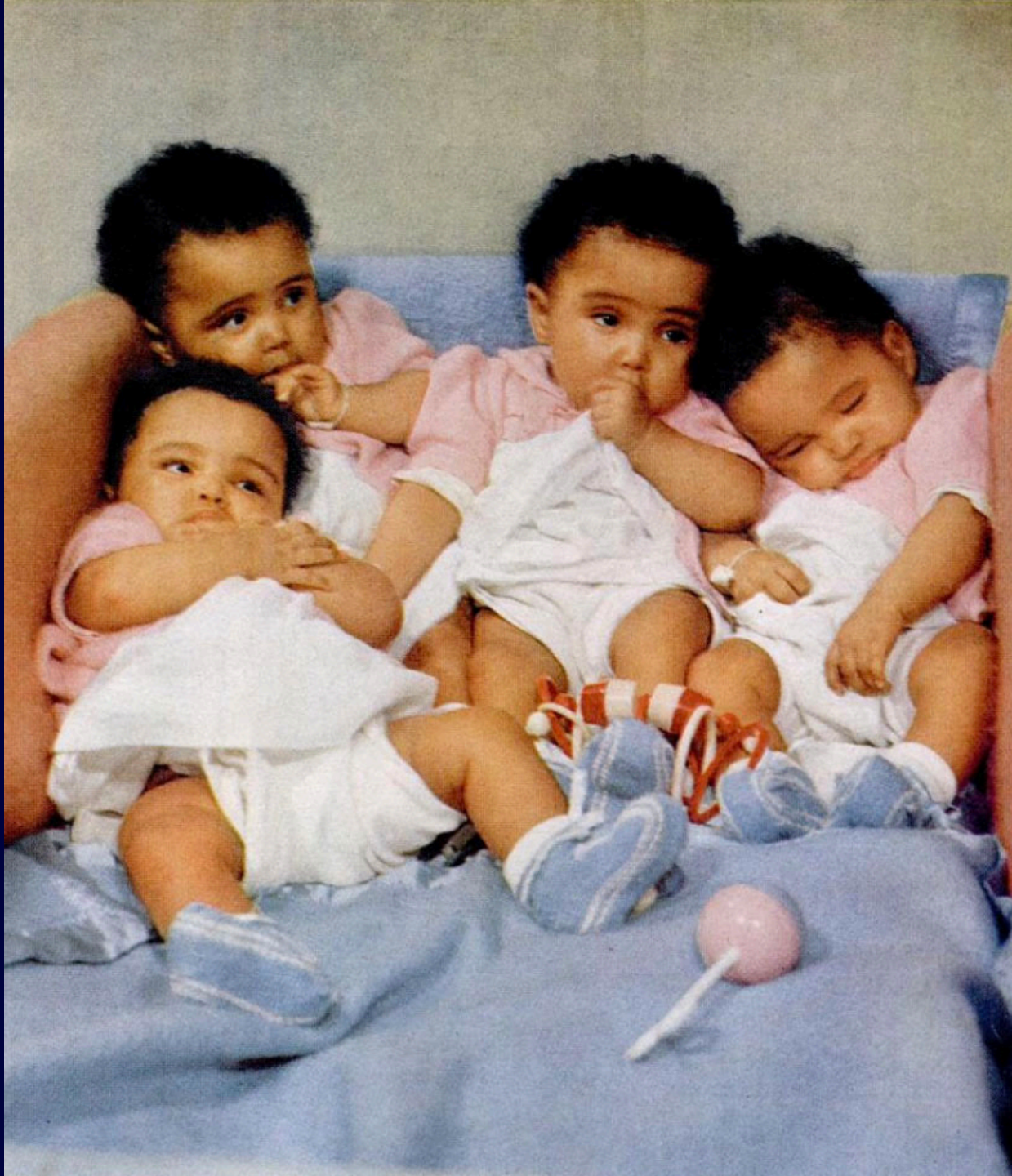
Annie Mae and James Jr. Fultz



James Fultz Sr.











As featured in EBONY

THE WORLD FAMOUS FULTZ QUADS -

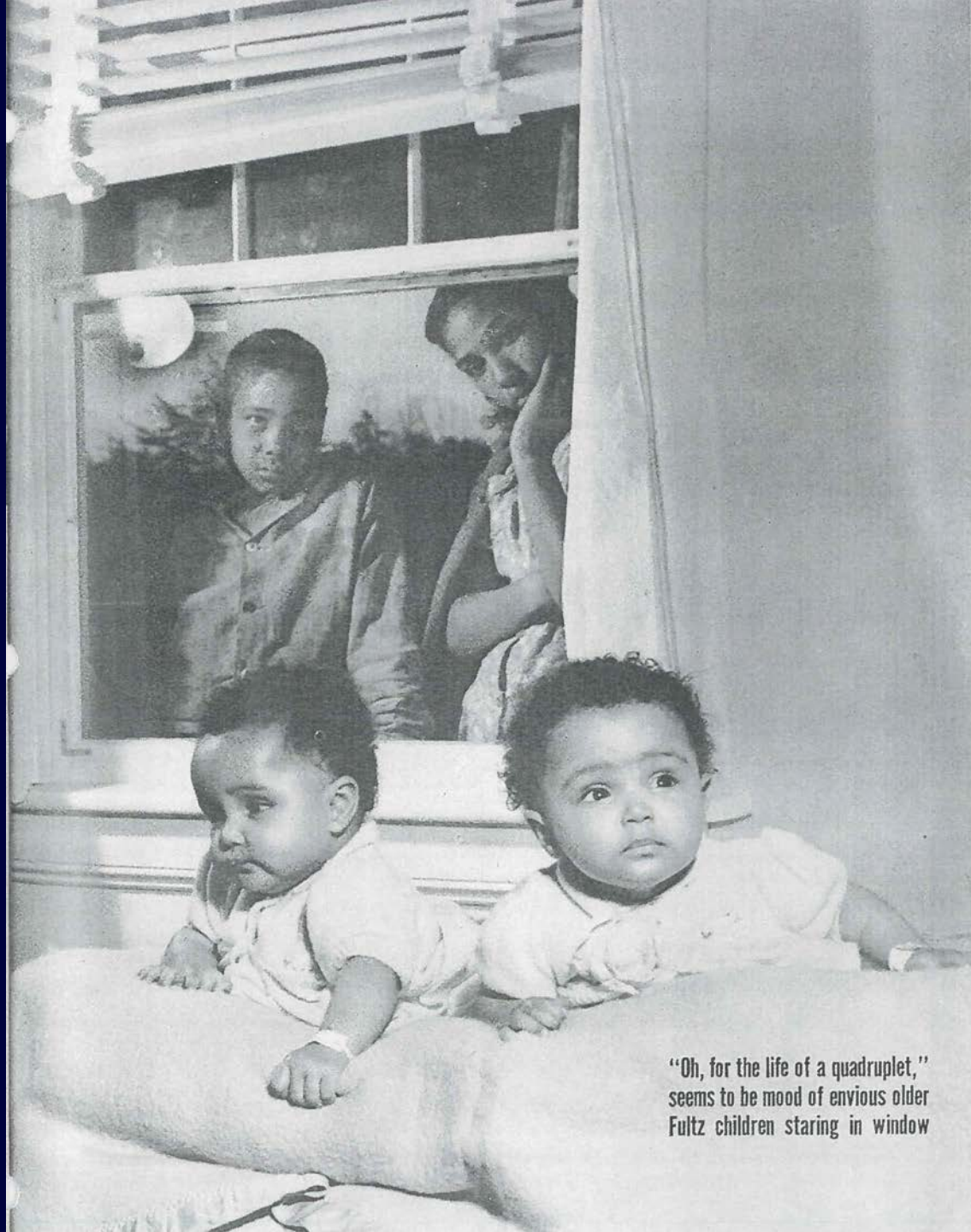


Imo, Catherine, Lovie and Hirc
**Growing Sturdy
and Strong on...**



PET MILK

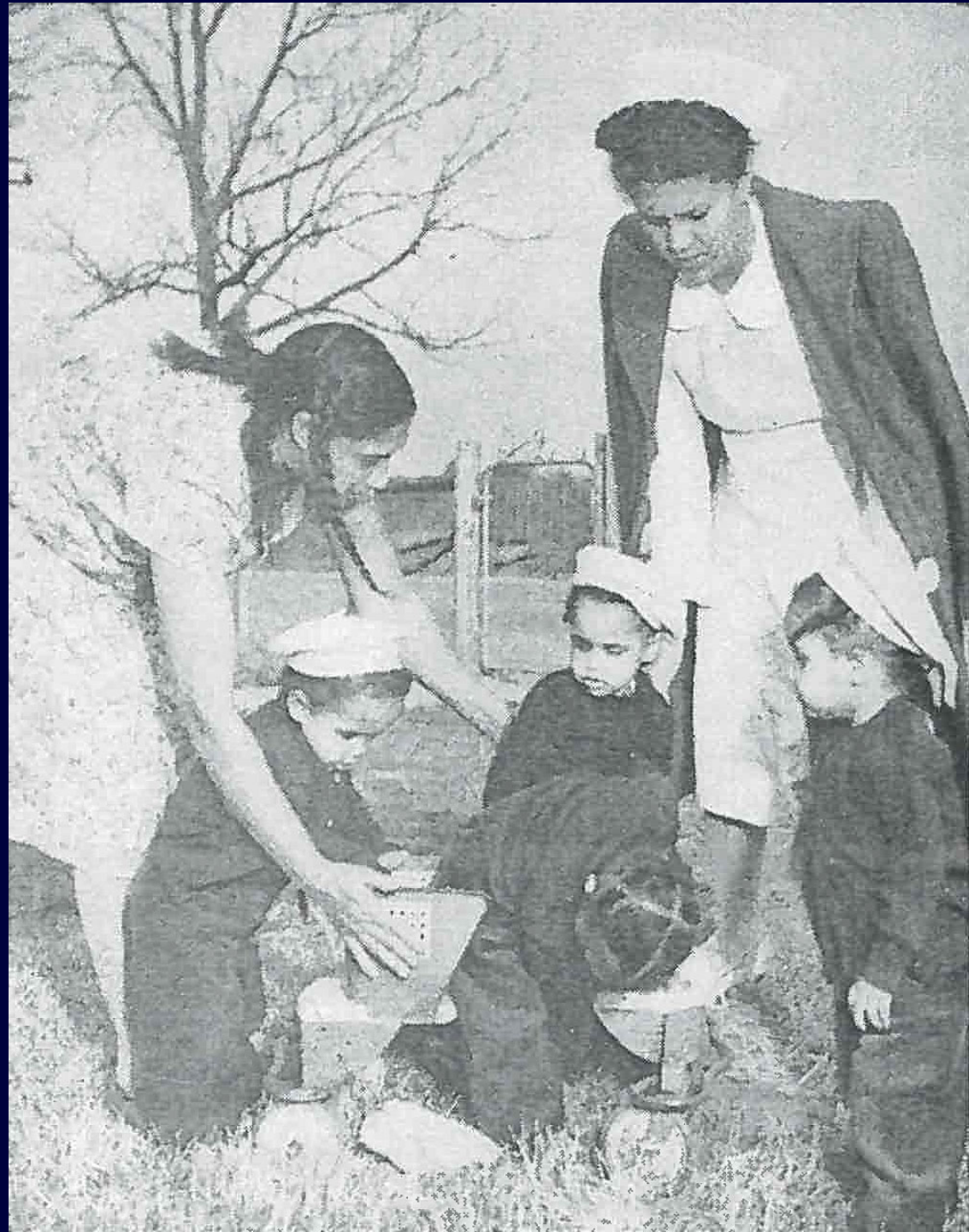




"Oh, for the life of a quadruplet,"
seems to be mood of envious older
Fultz children staring in window









EBONY

STORY OF A
RENO DIVORCEE

BLUES SINGERS

WASHINGTON BIRTHDAY
PARTY FOR THE QUADS

AUGUST 1958 35c









Good Milk for this famous four...



is Good Milk for your baby!

It's easy to see how well and strong and sturdy the Fultz quads have grown on Pet Milk. The little girls had their first feeding of Pet Milk when they were only eleven hours old—have been drinking Pet Milk ever since—are still drinking *only* Pet Milk.

Good for them? Of course it is! And Pet Milk is good milk for your baby, too. Here's why:

Pet Milk is always easy for babies to digest.

Pet Milk is always uniformly rich in the food substances of whole milk.

Pet Milk is always safe, in its sealed container—as safe as if there were no harmful germ in the world.

Pet Milk gives your baby vitamin D—the sunshine vitamin that helps him build strong bones and teeth—helps him to make the best of growth.

Hundreds of Thousands of Babies, All Over America, are Growing Up Sturdy and Strong and Happy on Pet Milk.

ASK YOUR DOCTOR ABOUT PET MILK FOR YOUR BABY!

FOUR LITTLE BABIES become FOUR LITTLE LADIES



The Famous
FULTZ QUADS
OF REIDSVILLE, NORTH CAROLINA
are thriving on
PET MILK

Four little ladies, sturdy and strong . . . yet, at birth the Fultz quads were tiny, delicate babies whose average weight was only 3 pounds! From the very first, these famous little girls have made sure, steady growth; and, since birth Pet Milk has been their *only* milk.

Here's how Pet Milk has helped in the fine development of the Fultz quads! It is always easy for babies to digest . . . always uniformly rich in the food substances of whole milk . . .

always as safe, in its sealed container, as if there were no germ of disease in the world. And Pet Milk contains pure crystalline vitamin D, the sunshine vitamin all babies must have to enable them to build strong bones and sound teeth, and to make the best growth.

Now "half past three," the Fultz quads are still thriving on this extraordinary milk. When your baby needs milk from a bottle give him Pet Milk—the original evaporated milk.

PET MILK COMPANY, St. Louis 1, Mo.



For Babies—Hundreds of thousands of babies all over America—including 6 sets of quadruplets and hundreds of sets of triplets—have grown up sturdy and strong on Pet Milk.



For Cooking—Good cooks everywhere use Pet Milk—whole milk concentrated to double richness—because its extra richness helps make wholesome food taste better, its low cost helps keep food bills down.



For Coffee—Double-rich Pet Milk adds extra flavor to coffee (serve it just as it comes from the can)—it costs much less than half as much as cream!

AMERICA'S FIRST EVAPORATED MILK

Our Famous Babies Are Big Girls Now

The Fultz Quadruplets
of Reidsville, N. C.

Six Years Old and Still
Growing Sturdy on



PET
MILK













*wij
willen*



KING SIZE

AMERICAN

Henry Scarp
CIGARETTES



WE BAKE A CAKE —
FROSTING AND ALL —
WITH A NEW PET
MILK RECIPE.





1996 Personal Responsibility and Work Opportunity Reconciliation Act





LACTATION
ROOM

WORK.
PUMP.
REPEAT.

Laura Legg Photography

Table for two.



Second Step
**EAT
HERE?**

By law, breastfeeding mothers are not protected from harassment and refusal of service in public, often leaving them to feed in secluded spaces such as public restrooms. To help take a stand, visit eatsocialrights.org, because a baby should never be hungry when nature calls.

sponsored by
usbc

WITH DEMOCRATS
IN POWER...

...I'LL TAKE
TWO!

Cadillac
DEALER

**WELFARE
QUEENS**

\$\$\$
YES
YOU
CAN!





SELLING A MOTHER FROM HER CHILD.

“ ‘Do you *often* buy the wife without the husband?’ ‘Yes, *very often*; and *frequently*, too, they sell me the mother while they keep her children. I have often known them take away the infant from its mother’s breast, and keep it, while they sold her.’ ”—*Prof. Andrews, late of the University of N. C., in his recent work on Slavery and the Slave-Trade, p. 147, relates the foregoing conversation with a slave-trader on the Potomac.*



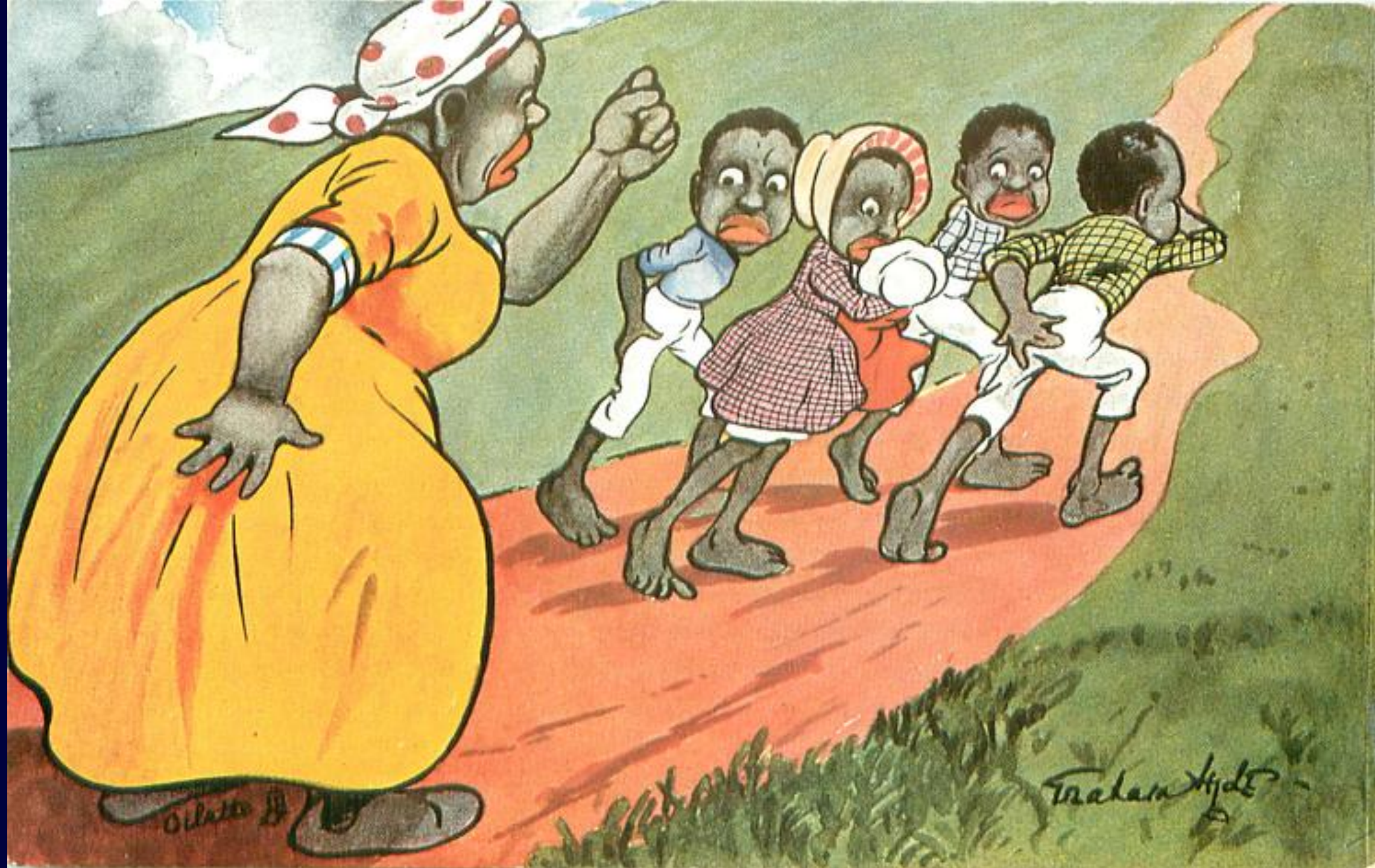
Jezebel



© 1994 MCA Inc.

Sapphire





BLACK MOTHER QUOTES:



**"I BROUGHT YOU INTO THIS
WORLD I'LL TAKE YOU OUT!"**





Bold Fierce Courageous
Determined



Black Women Do Breastfeed

Health/Wellness Website

Like

+ Follow

Message

...

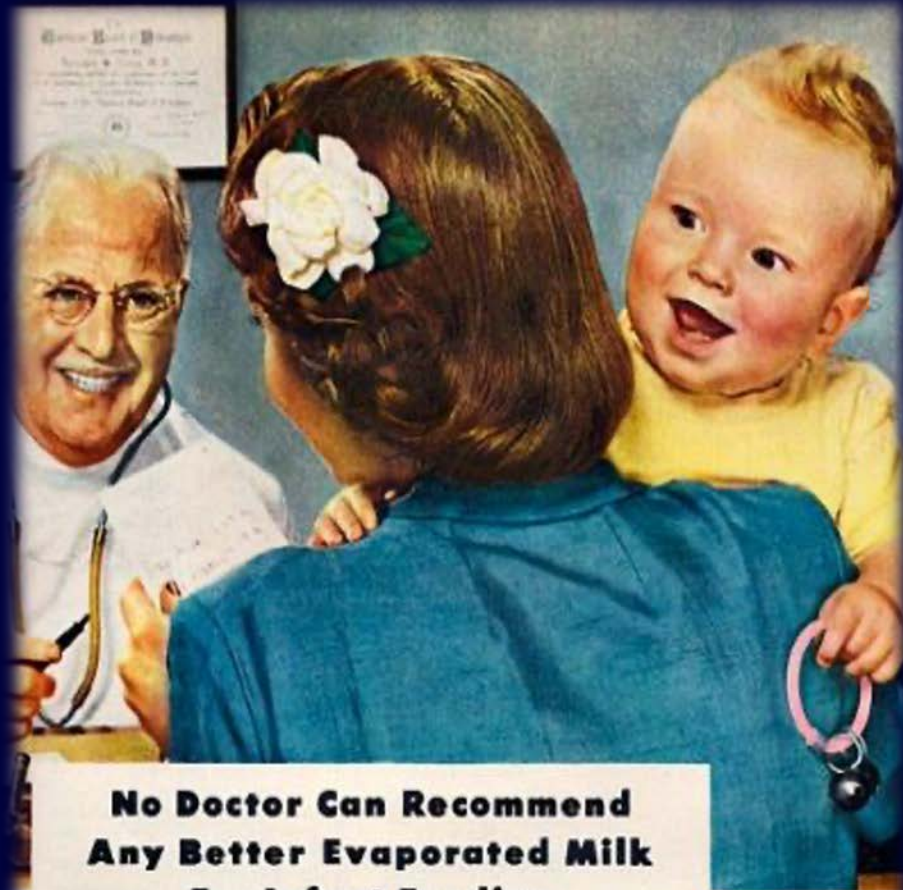
Timeline

About

Photos

Likes

Notes



No Doctor Can Recommend Any Better Evaporated Milk For Infant Feeding

When your doctor prescribes your baby's formula, remember this fact: No doctor can recommend any better evaporated milk than White House Milk for infant feeding.

Doctors know that White House Milk supplies each essential nutrient of fresh milk, and that pure crystalline vitamin D₂—the precious "sunshine" vitamin—has been generously added for the development of sound bones and teeth. Moreover, White House

Milk is homogenized to make it easy for babies to digest, and sterilized in its safe, sealed can. These statements are accepted by the Council on Foods and Nutrition of the American Medical Association.

Truly, there is no better evaporated milk than White House for infant feeding. And, no food authority can recommend any better evaporated milk for cooking, baking, coffee and other beverages, or for any milk need.



WHITE HOUSE MILK

There's None Better

400 U.S.P. UNITS OF PURE CRYSTALLINE VITAMIN D₂ PER PINT



Milk of purest milk. No sugar added. No preservatives. No artificial flavors. No artificial colors. No artificial sweeteners. No artificial anything.





LA LECHE LEAGUE
INTERNATIONAL



FAQ

What Formula Should
I Choose If I'm on WIC?



Infant Foods

Infant Formula

BUY:

- ✓ Brand, type, and size shown on check

DO NOT BUY:

- ✗ Organic formula



Infant Cereal

BUY:

- ✓ Brand shown on check
- ✓ Dry, 8 or 16 ounce container

DO NOT BUY:

- ✗ Organic or with DHA, fruit, or formula
- ✗ Jar or can



How WIC Rebates for Infant Formula Work

- 1 Participant uses voucher to get formula in store



- 2 WIC reimburses store for retail price of formula



- 3 Manufacturer gives WIC rebate for formula

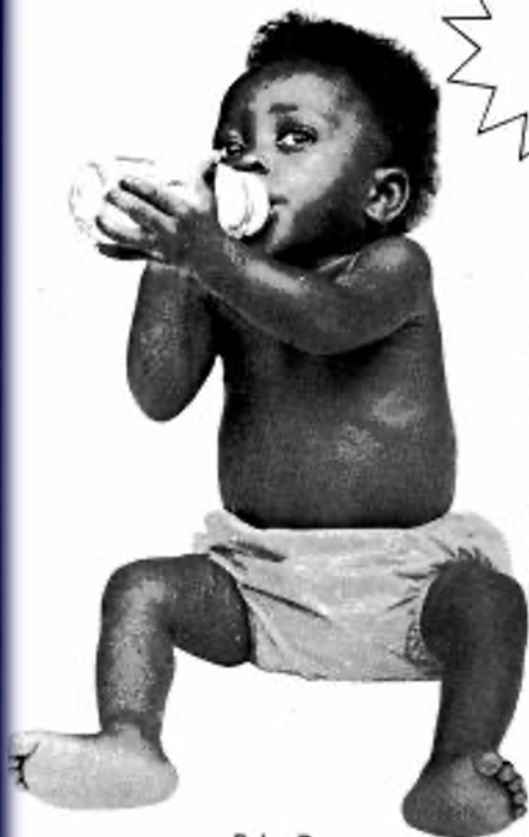


Nourish your baby's
milestones
at every stage.



Enfamil

» Learn More



Baby D
2nd President.

FREE DUMEX FEEDING BOTTLE

Buy two tins of
Dumex Baby Food
and get a FREE
Feeding bottle now!

Dear Dumex Mothers and Babies,

Buy two tins of Dumex Baby Food
and send the paper discs from inside
the tins to me and I will send you a
250 cc feeding bottle specially made
for members of the Dumex Babies Union.

Join the Babies Union now by feeding
your baby with Dumex Baby Food so
baby will grow fat and strong.



Baby D
2nd President.

Issued by Dumex Limited.
Makers of
DUMEX BABY FOOD.

DUMEX BABIES UNION.

Please send a FREE Dumex Babies Union
Feeding Bottle for my baby. I enclose two
paper discs from two Dumex Baby Food
tins.

Offer closes 31st December 1972

Name:

Address:

Send this application to:

The Dumex Babies Union President,
P. O. Box 2104, Lagos.





*How the exploitation of the famous Fultz quadruplets
fed a public health crisis*

SKIMMED

BREASTFEEDING, RACE,
AND INJUSTICE

ANDREA FREEMAN